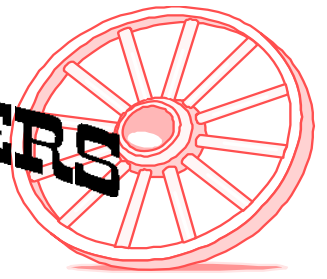




COUNTRY CLUB DANCERS



What's On My Mind

Choreographed by: DJ Dan & Wynette Miller (May 2007) djdan_miller@hotmail.com

Music: What's On My Mind by Gary Allan. CD: Alright Guy, 112 bpm.

Or: What's On My Mind by Blake Shelton. CD: Barn & Grill, 110 bpm.

Description: Partner dance, 32 counts, beginner/intermediate level. Start position Right side-by-side.

Intro 16 counts.

Dance Taught By: Bob & Pat Pitrof for the Country Club Dancers 7-9-07

SIDE ROCK & STEP FORWARD (L&R); LOCK STEPS FORWARD (L&R)

1&2 Rock Left to left side. Recover onto Right. Step Left forward.

3&4 Rock Right to right side. Recover onto Left. Step Right forward.

5&6 Step Left forward. Lock Right behind Left. Step Left forward.

7&8 Step Right forward. Lock Left behind Right. Step Right forward.

STEP, 1/2 PIVOT TURN, ANCHOR STEP; SLIDE STEPS BACK, LOCK STEP BACK

9-10 Step Left forward. Pivot 1/2 turn right. Facing RLOD. Left side-by-side

11&12 Lock Left behind Right. Step Right in place. Step Left back.

(Easier option 11&12 Rock Left forward. Recover onto Right. Step Left back)

13-14 Slide step Right back. Slide step Left back.

15&16 Step Right back. Lock Left over Right. Step Right back.

1/2 TURN WALKS FWD (L&R), SHUFFLE FWD; WALKS FWD (R&L), SHUFFLE FWD

17-18 Make 1/2 turn left walk forward Left, Right. Facing LOD. Right side-by-side

19&20 Shuffle forward stepping Left, Right, Left.

21-22 Walk forward Right, Left

23&24 Shuffle forward stepping Right, Left, Right.

(Option Lady 21-22 Let go Left hands, raise Right hands.

Make 1/2 turn left step Right back. Make 1/2 turn left step Left forward. Rejoin Left hands.)

ROCK STEP, COASTER STEP (L&R)

25-26 Rock Left forward. Recover onto Right.

27&28 Step Left back. Step Right next to Left. Step Left forward.

29-30 Rock Right forward. Recover onto Left.

31&32 Step Right back. Step Left next to Right. Step Right forward.

Happy dancing.

WHAT'S ON MY MIND 7-9-07
