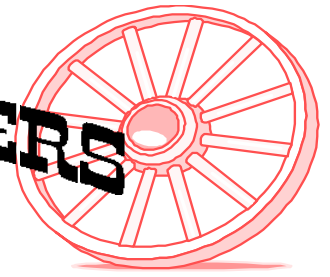




COUNTRY CLUB DANCERS



We Got This

Dance taught by Paul and Sharon Hergert for the Country Club Dancers 08-20-2018

Choreographed by: Dan Albro, www.mishnockbarn.com, mishnockbarn@gmail.com
Description: 32 count low intermediate circle partner dance
Music: *I Got This* by Jerrod Niemann, 115 bpm, Album: *This Ride*, October 2017
Starting Position: Man facing OLOD, Lady facing ILOD (no hands),
opposite footwork except as noted
Intro: 16 counts, start on vocals

1 – 8 Step, Stomp, Tap, Tap, Rocking chair

1,2,3,4 Step forward L, Stomp forward R, Tap R heel, Tap R heel

5,6,7,8 Rock forward L, Replace weight on R, Rock back L, Replace weight on R

9 – 16 Shuffle side, Rock, Step, Shuffle side, Rock, Step

1&2,3,4 Step side L, Step R next to L, Step side L, Cross rock R behind L, Replace weight R

5&6,7,8 Step side R, Step L next to R, Step side R, Cross rock L behind R, Replace weight L

Hands: Step 1: Pick up his left – her right

Step 5: Release and pick up his right – her left

17 – 24 Side, Behind, Shuffle side ¼ turn, Turn lady, Shuffle forward

1,2,3&4 Step side L, Cross R behind L, Step side L, Step R next to L, Turn ¼ left stepping forward L

5,6,7&8 *Man:* Step forward R, Step forward L, Step forward R, Step L next to R, Step forward R

5,6 *Lady:* Turn ½ right stepping back L, Turn ½ right stepping forward R

7&8 Step forward L, Step R next to L, Step forward L

Hands: Step 1: Pick up his left – her right, then release them on step 4

25 – 32 Step ¼ turn, Cross shuffle, Swivel, Swivel, Swivel, Coaster

1,2 Step forward L, Pivot ¼ right (*weight on R*)

3&4 Cross step L over R, Step side R, Cross step L over R

5,6,7 Step side R, Swivel left, swivel right

8& Step back L, Step R next to L (*final step of coaster is count 1 of dance: Step forward L*)

Hands: Step 1: Release his right – her left, picking up his left – her right

Step 5: Pick up his right – her left, then release both hands on step 7