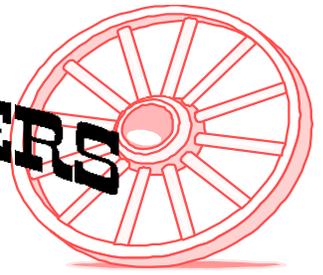




COUNTRY CLUB DANCERS



To The Rock

Choreographed by Rosie Multari

Dance Taught By: Shirley
Perkins for the Country Club
Dancers 7-16-07

Description: 64 count, 4 wall, intermediate east coast swing line dance

Music: **I Go To The Rock** by Scooter Lee

First Place at the Line Dance Showdown in MA, 2007

BASIC CHA

1&2 Step forward with right, step together with left, step forward with right

3-4 Rock forward on left, replace weight onto right

5&6 Step back with left, step together with right, step back with left

7-8 Rock back with right, replace weight forward to left foot

LINDY RIGHT, KICK BALL CROSS, KICK BALL CHANGE

1&2 Step right foot to right side, step together with left, step right foot to right side

3-4 Rock back with left foot, replace weight forward to right foot

5&6 Kick left foot forward, rock back with ball of left, recover weight forward to right foot slightly across left foot

7&8 Kick left foot forward, rock back with ball of left, recover weight forward to right foot

BASIC CHA, LINDY LEFT, KICK BALL CROSS, KICK BALL CHANGE

1-16 Repeat first 16 counts, leading with left foot

2 STOMPS, BOOGIE WALKS

1-2 Stomp right foot toward 1:00 with both hands downward, hold

3-4 Stomp left foot toward 11:00 with both hands downward, hold

5-6 Step forward on right bending knees slightly, step forward on left, knees still bent raising both hands higher with each step

7-8 Step forward on right straightening knees, step forward on left raising both hands higher with each step

2 TURNS WITH CLAPS

1-4 Step forward with right foot, hold & clap up to the right, turn $\frac{1}{2}$ left, shift weight to left foot, hold & clap down to the left

5-8 Step forward with right foot, hold & clap up to the right, turn $\frac{1}{4}$ left, shift weight to left foot, hold & clap down to the left

SHUFFLES FORWARD, ROCK STEPS

1&2 Step forward with right, step together with left, step forward with right

3&4 Step forward with left, step together with right, step forward with left

5-6 Rock forward on right foot, replace weight onto left foot

7-8 Rock right foot to right side, replace weight onto left foot

BEHIND SIDE ROCK RECOVER 4X, TRAVELING BACK*

1&2 Step right foot behind left, rock to left on left foot, recover weight onto right foot

3&4 Step left foot behind right, rock to right on right foot, recover weight onto left foot

5&6 Step right foot behind left, rock to left on left foot, recover weight onto right foot

7&8 Step left foot behind right, rock to right on right foot, recover weight onto left foot

REPEAT

OPTIONAL ENDING

Dance is only done 5 times so to remain on front wall, substitute 2 half turns in section 6. Continue dance to end then repeat sections 7 and 8

During the basic cha 8s you can substitute chase turns for the rock steps

Final 8 can be sailor steps or shuffles, traveling back

To protect knees, keep the steps small on the final 8

Special thanks to Rob Fowler for inspiring my last 8 counts. Imitation is the most sincere form of flattery!

TO THE ROCK
7-16-07