



**Turbo Teach Easy Line Dances**  
**Country Club Dancers**  
**Taught By Karen Blazer**



# The Morning After

Dance taught by Karen Blazer for Country Club Dancers – Mar. 2023

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**Count:** 16      **Wall:** 4      **Level:** Absolute Beginner

**Choreographer:** Gary O'Reilly (IRE) & Maggie Gallagher (UK) - November 2022

**Music:** The Morning After - Nathan Carter

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**Music Available from iTunes, Amazon & Spotify**  
**#32 count intro - No Tags/No Restarts**

**Section 1: R HEEL STRUT, L HEEL STRUT, FORWARD ROCK, BACK, L TOE STRUT, R TOE STRUT, L COASTER STEP**

1&2&      R heel forward (1), drop R toes (&), L heel forward (2), drop L toes (&)  
3 & 4      Rock forward on R (3), recover on L (&), step back on R (4)  
5&6&      L toe back (5), drop L heel (&), R toe back (6), drop R heel (&)  
7 & 8      Step back on L (7), step R next to L (&), step forward on L (8)

**Section 2: R JAZZBOX ¼ R, TWIST HEELS TOES HEELS CLAP, TWIST HEELS TOES HEELS CLAP**

1 2      Cross R over L (1), step back on L (2)  
3 4      ¼ R stepping R to R side (3), step L next to R (4) (3:00)  
5&6&      Twist both heels L (5), twist both toes L (&), twist both heels L (6), CLAP (&)  
7&8&      Twist both heels R (7), twist both toes R (&), twist both heels R (8), CLAP (&)

**ENDING:** At the end of Wall 13 have some fun swinging R up and around arm to finish with fun air guitar.

**Contact:**

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