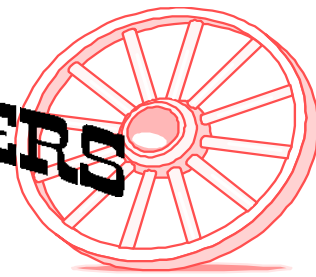




# COUNTRY CLUB DANCERS



## Saddle Up Shawty

Aka: Hip Hop Twist

Dance taught by Shirley Perkins for the Country Club Dancers 10-12-2015

Choreographed by: Guyton Mundy (Feb 28, 2008)

Description: 48 count 4 wall intermediate line dance

Music: **Saddle Up Shawty (Club Mix)** by Mikel Knight, 95 bpm,  
Album: **The Country Rap King**, 2010, originally released as a single

Intro: No Intro, start immediately after the rooster crows

**1 – 8 Kick, Step; Kick, Hook; Step; Hold (add hands), Hitch; Walk back & Touch; Left Hip bumps x 2**

1&2& Low kick R fwd, step on R, Low kick L fwd, Hook L over R knee,

3&4 Step L slightly fwd (3) Hold on (&) Shift weight back to R and hitch L up (4)

**[Hands: L arm out to low left side with R fist at inside of L elbow (3), R arm out to low right side with L fist at inside of R elbow (&), Leaving L arm across body, bend R arm up vertically over R shoulder on same count as L leg hitch(4)]**

5 & 6 Walk back L, walk back R, Touch L out to left side

7, 8 Bump L hip up and to the left twice (12:00)

**Variation:**

5 & 6 Rock L back; Recover; Touch L to L side

**9 – 16 Step to L side; Quarter-turn Sailor; Half-turn Sailor; R shuffle fwd; Step fwd L**

1, Step L to left side

2&3 Step R behind L, turn ¼ to left stepping fwd on L, step R to right side

4&5 Step L behind R turning ¼ to left, Step R to right side turning ¼ to left, Step L fwd

6&7 Step R fwd, Step L next to R, Step R fwd

8 Step fwd on L (3:00)

**17 – 24 Step R fwd, Half-turn hip roll; Half-turn Sailor; Step R fwd, Half-turn hip roll; L Coaster Step**

1, 2 Step R fwd, Roll hips around in counter-clockwise ½ turn (weight stays on R)

3&4 Step L behind R turning ¼ to left, Step R to right side turning ¼ to left, Step L fwd

5, 6 Step R fwd, Roll hips around in counter-clockwise ½ turn (weight stays on R)

7&8 Step L back, Step R back next to L, Step L fwd (9:00)

**Non-turning variation:**

3&4 L sailor step

5, 6 Step R to R side, Touch L next to R

7&8 L coaster step

(over)

**25 – 32 Funky skates fwd x 2; Cross, back, ¼ turn; ¼ turn; ½ turn; L Shuffle fwd**  
1, 2 Big step up and out with R to right side, Big step up and out with L to left side  
3&4 Cross step R over L; Step back on L; Step R to right side turning ¼ to right  
5, 6 Turn ¼ to right stepping L to left side; Half Hinge turn to the back over R shoulder  
stepping R to right side  
7&8 Step L fwd, Step R next to L, Step L fwd (9:00)

**\*\*Restart here on wall 6**

***Non-turning variation:***

3&4 Cross-Rock R over Left; Recover on L, Step R to right side  
5, 6 Step L, Step R  
7&8 Shuffle forward (L,R,L)

**33 – 40 Right Out, Out, In, In, Scuff, Hitch, Step; Left Out, Out, In, In, Scuff, Hitch, Step**  
1&2& Step R out to right side, Step L out to left side, Step R in to center, Step L in to center  
3&4 Scuff R, Hitch R, Step on R next to L  
5&6& Step L out to left side, Step R out to right side, Step L in to center, Step R in to center  
7&8 Scuff L, Hitch L, Step on L next to L (9:00)

**41 – 48 Step Side Right; Split Heels; Small Hip Rolls; Chasse to left;  
Quarter-turn paddles x 2**

1&2 Step R out to right side; with weight on balls of feet, split heels out and back to center  
(knees go in)  
3, 4 Roll hips in small counter-clockwise circle; repeat (weight stays on R)  
5&6 Step L to left side; Step R next to L; Step L to left side  
7, 8 Keeping weight on L for both counts, paddle ¼ to left touching R foot to right side;  
paddle ¼ to left touching R foot to right side (3:00)

**\*\*Restart: After 32 counts of Wall 6 you will be facing the original starting wall;  
Restart the dance from the beginning after the Left Shuffle forward (count 32).**