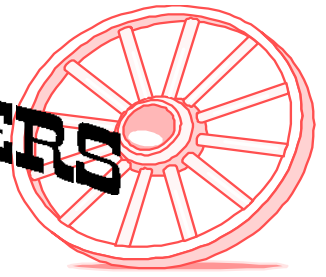




# COUNTRY CLUB DANCERS



## Runaway Bay

Dance taught by Paul & Sharon  
Hergert for the Country Club  
Dancers 04-03-2017

Choreographed by: Dan Albro, 01-15-2016, [www.mishnockbarn.com](http://www.mishnockbarn.com)  
Description: 32 count low intermediate partner circle dance  
Music: **On and On** by Stephen Bishop, 101 bpm, Album: **Careless**, 1976  
Start Position: Indian position facing OLOD, same footwork except as noted  
Intro: 16 counts

### 1 – 8 Cross rock, Shuffle side, Weave, ¼ Turn (FLOD)

1,2,3&4 Cross rock L over R, Replace weight on R, Step side L, Step R next to L, Step side L  
5,6,7,8 Cross step R over L, Step side L, Cross step R behind L, Turn ¼ left stepping forward L

### 9 – 16 Lady turns, Rocking chair, Lady turns

1-4 Man: Rock forward R, Replace weight on L, Rock back R, Replace weight on L  
5-8 Man: Rock forward R, Replace weight on L, Rock back R, Replace weight on L

1-3 Lady: Step forward R, Pivot ½ turn left weight on L, Rock forward R  
4-6 Lady: Replace weight on L, Rock back R, Replace weight on L  
7,8 Lady: Step forward R, Pivot ½ left weight on L  
*Hands: On count 1 man's right hand goes over lady,  
On count 7 man releases left hands,  
On count 8 reconnect hands*

### 17 – 24 Two shuffles forward, Two shuffles turning full turn left

1&2 Step forward R, Step L next to R, Step forward R  
3&4 Step forward L, Step R next to L, Step forward L  
5&6 Turn ¼ left stepping side R, Step L next to R, Turn ¼ left stepping back R  
7&8 Turn ¼ left stepping side L, Step R next to L, Turn ¼ left stepping forward L  
*Hands: On count 5 release left hands and bring right hands over lady,  
On count 6 release right hands and bring left hands over lady,  
On count 8 pick up left hands*

### 25 – 32 Rock, ¼ Turn, Shuffle side, Weave (RLOD)

1,2 Rock forward R, Replace weight on L  
3&4 Turn ¼ right stepping side R, Step L next to R, Step side R  
5-8 Cross step L over R, Step side R, Cross step L behind R, Step side R