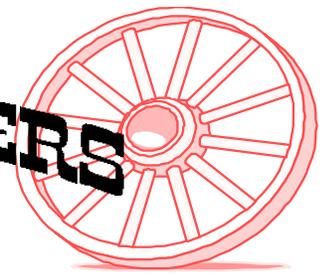




# COUNTRY CLUB DANCERS



## Rolling Rhythm

Dance taught by Shirley Perkins for the Country Club Dancers 12-04-2017

Choreographed by: Michele Burton, February 2016, [mburtonmb@gmail.com](mailto:mburtonmb@gmail.com),  
[www.michaelandmichele.com](http://www.michaelandmichele.com)

Description: 16 count 4 wall beginner line dance

Music: **Girl Crush** by Little Big Town, 87 bpm, Album: **Pain Killer**, October 21, 2014

Intro: 16 counts

### 1 – 8 Walk forward 3x, Forward return back, Back 3x, Coaster Cross

1 - 3 Step R forward (1), Step L forward (2), Step R forward (3)

4&a Rock L ball forward (4), Step R ball in place (&), Step L back (a)  
*(feels like a rock return back, or a mambo)*

5 - 7 Step R back (5), Step L back (6), Step R back (7)

*(add a sweep from front to back on each step, if desired)*

8&a Step L back (8), Step R beside L (&), Step L in front of R (a)

### 9 – 16 Sway 3x, Vine left, Rock step and, Rock step, Turn ¼ left

1 - 3 Sway R (1), Sway L (2), Sway R (3)

4&a Step L to left (4), Step R behind L (&), Step L to left (a)

5,6 a Rock R in front of L (5), Return weight to ball of L (6), Step R to right (a)

7,8 a Rock L in front of R (7), Return weight to ball of R (8), Turn ¼ left, step L forward (a)

Begin Again

Choreographer's Note:

The purpose of the dance is to introduce beginners to a rolling rhythm. The dance is not choreographed to a specific song, but is choreographed for use with a specific rhythm (1&a). This dance provides dancers with an easy alternative floor split for most intermediate dances choreographed to a rolling rhythm (1&a 2&a).