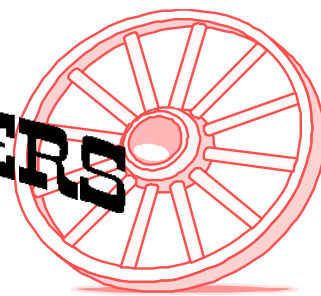




COUNTRY CLUB DANCERS



ONE MORE DAY

Choreographed by: Bob and Pat Pitrof
Description: Beginners 32 step 4 wall partner dance, count (S) (QQ)
Music: One More Day by Diamond Rio (132 bpm)
Start in closed dance position

SIDE CROSS ROCK X 2

1-4 (S) Man step left to left side, hold (QQ) cross right over left recover on left
(S) Lady Man step right to right side, hold (QQ) cross left over right recover on right
on (QQ) Man turn 45 deg. To left Lady right
5-8 (S) Man step right to right side, hold (QQ) cross left over right recover on right
(S) Lady steps left to left side, hold (QQ) cross right over left recover on left
on (QQ) Man turn 45 deg. To right Lady left

TURN CROSS ROCK X2

1-4 (S) Man step left as you turn $\frac{1}{4}$ left hold (QQ) cross right over left recover on left
(S) Lady step right as you turn $\frac{1}{4}$ right, hold (QQ) cross left over right recover on right
Release mans left and ladies right hands for turn
5-8 (S) Man step right as you turn $\frac{1}{2}$ turn right hold (QQ) cross left over right recover on right
(S) Lady step left as you turn $\frac{1}{2}$ turn left hold (QQ) cross right over left recover on left

LADY TURNS FULL TURN MAN TURNS FULL TURN

1-4 (S) Man step back on left, hold (QQ) back right left
(S) Lady steps back on right hold (QQ) step back on left then right while doing a full left turn
raise mans left and ladies right hands for ladies left turn
5-8 (S) Man steps forward on right hold (QQ) step left then right while doing a full right turn
(S) Lady steps forward on left hold (QQ) step forward right then left
raise mans left and ladies right hands for mans right turn

BOTH TURN $\frac{1}{4}$ AND $\frac{1}{4}$

1-4 (S) Man rocks forward on left hold (QQ) cross right over left recover on left
(S) Lady rocks forward on right hold (QQ) cross left over right recover on right
5-8 (S) Man rocks right forward (QQ) turns left $\frac{1}{2}$ turn on left then right
(S) Lady rocks left forward (QQ) turns right $\frac{3}{4}$ turn on right then left

START OVER