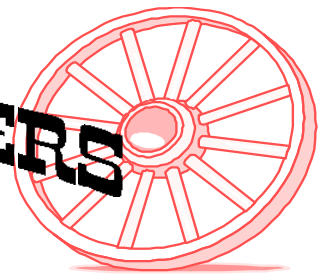


COUNTRY CLUB DANCERS



Lonesome Swing

Dance taught by Paul & Sharon
Hergert for the County Club
Dancers 09-22-2014

Choreographed by: Dave and Lesley Mather (UK), April 2014, www.silverwingswdc.co.uk,
davemather@excite.com
Description: 64 count partner dance
Music: **A Really Good Way to Wind Up Lonesome** by James House, 124 bpm,
CD: **Days Gone By**, August 2010
Intro: 16 counts
Start Position: Man on inside, both facing LOD holding inside hands,
opposite footwork throughout

1 – 8 Rt kick ball-change x2, Walk, Walk, Shuffle

1&2, 3&4 Rt kick ball-change (twice) *(Lady kicks on Lt)*
5,6, 7&8 Walk fwd Rt, Walk fwd Lt, Rt shuffle fwd

9 – 16 Lt kick ball-change x2, Walk, Walk, Shuffle

1&2, 3&4 Lt kick ball-change (twice) *(Lady kicks on Rt)*
5,6, 7&8 Walk fwd Lt, Walk fwd Rt, Lt shuffle fwd

17 – 24 Step turn ½ Lt, Step turn ¼ Lt, Weave, Point Lt

1-4 Step fwd Rt, ½ Turn Lt, Step fwd Rt, ¼ Turn Lt
5-8 Cross Rt over Lt, Step Lt to Lt, Cross Rt behind Lt, Point Lt to Lt side
(Lady: Cross Lt over Rt; Count 18: Lady turns Rt)
Hands: Release hands on count 17, Pick up double hand hold on count 21

25 – 32 Step Lt, Point Rt, Step Rt, Touch Lt, Lt shuffle ¼ Rt, Rt shuffle ¼ Rt

1-4 Step Lt in place, Point Rt to Rt, Step Rt in place, Touch Lt in place.
5&6, 7&8 Turning clockwise, Shuffle ¼ turn LRL and ¼ turn RLR.
Hands: Count 29 change to swing hold,
Note: Counts 29 – 40 danced as East Coast Swing

33 – 40 Rock, Step, Lt shuffle ¼ Rt, Rt shuffle ¼ Rt, Rock, Step

1-2, 3&4 Rock Lt behind Rt, Recover on Rt, Turning clockwise, Shuffle ¼ turn LRL
5&6, 7-8 Turning clockwise, Shuffle ¼ turn RLR, Rock Lt behind Rt, Recover on Rt.

41 – 46 Lt shuffle fwd, Turn ½ Lt & Rt Shuffle backward, Walk back Lt Rt

1&2, 3&4 ¼ turn Lt & Lt shuffle down LOD, Turn ½ Lt and Rt shuffle back
5-6 Step back Lt, Rt
Hands: Count 41 hold inside hands,
Count 43 release hands to turn and pick up inside hands

(over)

Country Club Dancers – Line & Partner Dance Lessons every
Monday at the Amerahn Dance Hall in Kewaskum, WI
www.countryclubdancers.com

Lonesome Swing
09-22-14

47 – 52 $\frac{1}{2}$ Lt & Lt Shuffle fwd, Changing sides, Rt shuffle Fwd, walk fwd Lt, Rt
1&2, 3&4 Turn $\frac{1}{2}$ Lt and Lt shuffle diagonally fwd (changing sides), Rt shuffle fwd
5-6 Step fwd Lt & Rt
Hands: Counts 47 & 48, Lady turns & changes sides under gent's Left hand

53 – 56 **Step turn $\frac{1}{2}$ Rt, Step turn $\frac{1}{4}$ Rt**
1-2 Step fwd Lt, $\frac{1}{2}$ turn Rt
3-4 Step fwd Lt, $\frac{1}{4}$ turn Rt
Hands: Release hands on count 53, rejoin in double hand hold on count 56

57 – 64 **Weave, Point Rt, $\frac{1}{4}$ Rt shuffle to Rt, Lt shuffle fwd**
1-4 Cross Lt over Rt, step Rt to Rt, Cross Lt behind Rt, Point Rt to Rt side
(Lady: cross Rt over Lt)
5&6 $\frac{1}{4}$ turn Rt on Rt shuffle crossing behind lady *(Lady shuffles to outside LOD)*
7&8 Lt shuffle fwd
Hands: Count 60 release gents Lt hand; Count 61&62 lady changes side under gent's right hand

Repeat