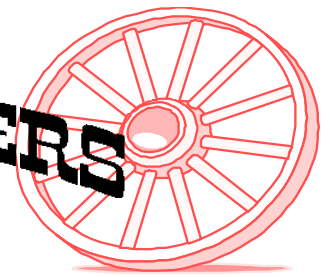




COUNTRY CLUB DANCERS



Let It Roll (aka: Heavy Heart)

Dance taught by Shirley Perkins
and Barb Bishop for the County
Club Dancers 07-01-13

Choreographed by: Linda Sansoucy, Quebec, Canada, <http://lindasansoucy.voila.net>

Description: 32 count beginner east coast swing partner circle dance

Music: **Let It Roll, Let It Ride** by The Notorious Cherry Bombs, 130 bpm,
July 27, 2004, Album: The Notorious Cherry Bombs

Starting Position: Open Sweetheart, Facing LOD, Same footwork for both

Intro: 32 counts

1 – 8 Right Side Shuffle, Rock, Recover; Repeat On Left Side

1&2, 3-4 Side shuffle R-L-R, Rock back L, recover R

5&6, 7-8 Side shuffle L-R-L, Rock back R, recover L

9 – 16 Side Touch & Cross X 3, Step Left, Turn ¼ Right

9-10 Touch R to side, cross R over L

11-12 Touch L to side, cross L over R

13-14 Touch R to side, cross R over L

15-16 Step fwd L, turn ¼ R w/ weight on R

Lady stands directly in front of man both facing OLOD – tandem position

17 – 24 Cross Rock, Side Shuffle, Cross Rock, ¼ Turn Right Shuffle

17-18, 19&20 Cross rock L over R, recover R, Side shuffle L-R-L

21-22, 23&24 Cross rock R over L, recover L, Turn ¼ R & shuffle R-L-R

Release L hands & raise R hands over man's, then lady's heads

25 – 32 Step, Pivot ½ Right, Shuffle, Double Cross Kick, Side Touch, Cross Kick

25-26 Step fwd L, Pivot ½ R - **Face LOD & rejoin L hands in sweetheart**

27&28 Shuffle forward L-R-L

29-32 Kick R foot twice across L foot, Touch R to side, Kick R across L

Repeat