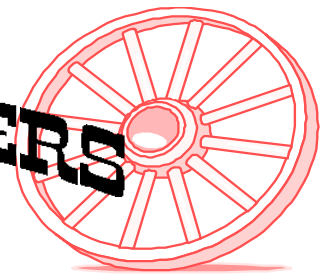




# COUNTRY CLUB DANCERS



## Laying Back

Dance taught by Paul & Sharon  
Hergert for the Country Club  
Dancers 10-10-2016

Choreographed by: Dan Albro, May 14, 2016, [www.mishnockbarn.com](http://www.mishnockbarn.com)  
Description: 32 count intermediate partner circle dance  
Music: **Laid Back** by Dallas Davidson, 104 bpm, single released April 2016  
Start Position: Closed social, man facing OLOD, lady facing ILOD,  
Opposite footwork except where noted, man's footwork described  
Intro: 16 counts

### **1 – 8 Shuffle side, Cross rock, Replace, Shuffle side, ¼ Rock, Replace**

1&2,3,4 Step side L, step R next to L, step side L, cross rock R over L, replace weight on L

5&6,7,8 Step side R, step L next to R, step side R, ¼ turn right rocking fwd L, replace weight back R

Hands: On count 5 release right hand from ladies back,  
On count 7 bring hands through and forward

### **9 – 16 Shuffle ½ turn, 2 Locking shuffles forward, Side, Together (Ladies touch)**

1&2 Turn ¼ left stepping side L, step R next to L, ¼ turn left stepping fwd L

3&4,5&6 Step fwd R, lock L behind R, step fwd R, step fwd L, lock R behind L, step fwd L

7,8 Man: Step side R, step L next to R

7,8 Lady: Step side L, touch R next to L

Hands: On count 1 bring hands through and pick up his right in her left,  
On count 2 release his left and her right,  
On count 7 man puts ladies left hand in his left hand,  
On count 8 man and ladies right hands connect at ladies right hip

### **17 – 24 Rock back, Replace, 2 Steps (Ladies shuffle side), Shuffle back, Rock, Step**

1,2,3,4 Man: Rock back R (Laying Back), replace weight L, step R next to L, step L next to R

1,2,3&4 Lady: Rock back R, replace weight on L, step side R, step L next to R, step side R

5&6,7,8 Step back R, step L next to R, step back R, rock back L, replace weight on R

Hands: On count 3 man puts ladies left hand in his right hand

### **25 – 32 ¼ Turn shuffle side, Walk, Walk, Shuffle side, Walk, Walk**

1&2,3,4 ¼ Turn right stepping side L, step R next to L, step side L, step fwd R, step fwd L

5&6,7,8 Step side R, step L next to R, step side R, step back L, step back R

Hands: On count 1 pick up lady's right in man's left,  
On count 7 release her left hand,

On count 8 man put his right hand behind ladies back returning to closed social position