

Keepin it Country (aka The Rondane)

Dance taught by Karen Blazer for the Country Club Dancers 04-15-2024

Choreographed by: Stefan Schützer (NOR), Tanja Enget (NOR), Heidi Brenden (NOR)

and Tine Hildisch (NOR), February 2024

Description: 32 count 4 wall Beginner line dance

Music: Keepin It Country by James Johnson, 102 bpm,

Album: Raised Like That, September 2023

Intro: 16 counts

Restart on walls 3 and 7 after 16 counts; End dance on wall 10 after 12 counts

1 – 8	Step, Step, Shuffle forward, ½ Shuffle R, Coaster step		
1-2	Step RF forward [1], Step LF forward [2]		
3&4	Step RF forward [3], Step LF next to RF [&], Step RF forward [4]		
5&6	Step LF ¼ turn right [5], Step RF next to LF [&], Step LF back ¼ turn right [6] (6:00)		
7&8	Step RF back [7], Step LF next to RF [&], Step RF forward [8]		
9 – 16	Toe, Heel, Cross, Toe, Heel, Cross (moving forward), 1/4 Turn right (pivot), Cross shuffle		
1&2	Touch L toe next to RF [1], L Heel forward [&], Step LF forward a little in cross of RF [2]		
3&4	Touch R toe next to LF [3], R heel forward [&], Step RF forward a little in cross of LF [4]		
5-6	Step LF forward [5], Pivot ¼ turn right transferring weight to RF [6] (9:00)		
7&8	Cross LF over RF [7], Step RF to right [&], Cross LF over RF [8]		
Restart	here on walls 3 and 7 facing 3:00		

17 – 24	Side, Together, S	Side, Touch,	Vine to left
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1-2	Step RF to right [1], Step LF next to RF [2]
3-4	Step RF to right [3], Touch LF next to RF [4]
5-6	Step LF to left [5], Cross RF behind LF [6]
7-8	Step LF to left [7], Touch RF next to LF [8]

25 – 32 Syncopated heel, hook switches

1&2	R heel forward [1], Step RF next to LF [&], L heel forward [2]
&3&4	Step LF next to RF [&], R heel forward [3], Hook RF cross over LF [&], R heel forward [4]
&5&6	Step RF next to LF [&], L heel forward [5], Step LF next to RF [&], R heel forward [6]
&7&8	Step RF next to LF [&], L heel forward [7], Hook LF cross over RF [&],
	Stomp LF next to RF [8]

Ending on wall 10 (9:00): Do the first 12 counts, then: Pivot ½ turn, Pivot ¼ turn to the right

Country Club Dancers – Line & Partner Dance Lessons every Monday at The Columbian Hall in West Bend, WI www.countryclubdancers.com

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