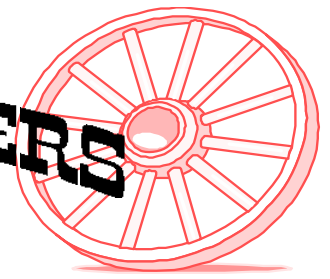


COUNTRY CLUB DANCERS



It Hurts

Choreographed by Gordon Elliott

Description: 48 count, 2 wall, beginner/intermediate line dance

Music: **It Hurts** by Lena Philipsson

Dance Taught By: Shirley
Perkins for the Country Club
Dancers 6-18-07

SIDE, ROCK, TRIPLE STEP, SIDE, ROCK, TRIPLE STEP

1-2 Step right to the side, side rock onto left

3&4 Triple step: right-left-right

5-6 Step left to the side, side rock onto right

7&8 Triple step: left-right-left

FORWARD, ROCK, TRIPLE STEP, BACK, ROCK, TRIPLE STEP

1-2 Step right forward, rock back onto left

3&4 Triple step: right-left-right

5-6 Step left back, rock forward onto right

7&8 Triple step: left-right-left

PADDLE TURN, TRIPLE STEP, PIVOT TURN, TRIPLE STEP

1-2 Paddle: step right forward, turn $\frac{1}{4}$ turn left take weight onto left

3&4 Triple step: right-left-right

5-6 Pivot: step left forward, turn $\frac{1}{2}$ turn right take weight onto right

7&8 Triple step: left-right-left

PADDLE TURN, TRIPLE STEP, PIVOT TURN, TRIPLE STEP

1-2 Paddle: step right forward, turn $\frac{1}{4}$ turn left take weight onto left

3&4 Triple step: right-left-right

5-6 Pivot: step left forward, turn $\frac{1}{2}$ turn right take weight onto right

7&8 Triple step: left-right-left

FORWARD, SLIDE, TRIPLE STEP, FORWARD, SLIDE, TRIPLE STEP

1-2 Step right forward at 45 degrees right, slide to step left together

3&4 Triple step: right-left-right

5-6 Step left forward at 45 degrees left, slide to step right together

7&8 Triple step: left-right-left

BACK, TOUCH, BACK, TOUCH, BACK, TOUCH, BACK, TOUCH

1-2 Step right back at 45 degrees right, touch left together & clap

3-4 Step left back at 45 degrees left, touch right together & clap

5-6 Step right back at 45 degrees right, touch left together & clap

7-8 Step left back at 45 degrees left, touch right together & clap

REPEAT

RESTART

On wall 3 dance to beat 16, then restart the dance facing the front

IT HURTS
6-18-07