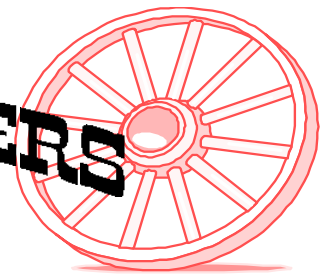




# COUNTRY CLUB DANCERS



## Feelings

Dance taught by Paul & Sharon  
Hergert for the County Club  
Dancers 2-11-13

Choreographed by: Conny Gasberg, November 2012  
Description: 64 Count Beginner/Intermediate Partner Circle Dance  
Music: Listen To Your Senses by Alan Jackson, CD: Good Time  
Intro: 32 Counts  
Start Position: Sweetheart

### **Toe Struts Jazz Box**

1-2 Cross right toe over left, drop right heel  
3-4 Step left toe back, drop left heel  
5-6 Step right toe side, drop right heel  
7-8 Step left toe forward, drop left heel

### **Lock Right, Hold, Right ¼, Cross, Hold**

1-2 Step right forward, lock left behind right  
3-4 Step right forward, hold  
5-6 Step left forward, turn ¼ right (weight to right)  
7-8 Cross left over right, hold (Indian Position)

### **Rock Right Together Hold, Side Rock Left Together, Hold**

1-2 Rock right side, recover to left  
3-4 Step right together, hold  
5-6 Rock left side, recover to right  
7-8 Step left together, hold

### **Shuffle Turn ¼ Right, Hold, Step Turn ¼ Left, Cross, Hold**

1-2 Turn ¼ right and step right forward, step left together  
3-4 Step right forward, hold  
5-6 Step left forward, turn ¼ right (weight to right)  
7-8 Cross left over right, hold (Reverse Indian Position)

### **Side Rock Cross, Side Rock ¼ Turn, Step**

1-2 Rock right side, recover to left  
3-4 Cross right over left, hold  
5-6 Step left side, turn ¼ right (weight to right)  
7-8 Step left forward, hold

**Right Forward Rock, Recover, Right Back Step, Left Back Rock, Recover,  
Left Step Forward**

- 1-2 Rock right forward, recover to left
- 3-4 Step right back, hold
- 5-6 Rock left back, recover to right
- 7-8 Step left forward, hold

**Right Lock, Left Lock Step**

- 1-2 Step right forward, lock left behind right
- 3-4 Step right forward, hold
- 5-6 Step left forward, lock right behind left
- 7-8 Step left forward, hold

**MAN:**

**Shuffle Forward**

- 1-2 Step right forward, step left together
- 3-4 Step right forward, hold
- 5-6 Step left forward, step right together
- 7-8 Step left forward, hold

**LADY:**

**2 X ½ Turn Shuffles Left**

- Triple in place right-left-right turning ¼ left
- Turn ¼ left and step right forward, hold
- Triple in place left-right-left turning ¼ left
- Turn ¼ left and step left forward, hold

**Begin Again**