



COUNTRY CLUB DANCERS



Double Mexicali

Choreographed by Carol & George Stayte

Dance Taught By Paul &
Sharon Hergert for the Country
Club Dancers 5-13-10

Description: 64 count, partner dance

Music: Mexico by Tobias Rene (CD: Living Dreams)

Position: Closed Western Position. Man is LOD, lady is RLOD. Opposite footwork throughout

Start dancing on lyrics

CROSS ROCK, SIDE, HOLD, (TWICE) BACK ROCK, SIDE, HOLD, (TWICE)

1-4 **MAN:** Rock left over right, recover to right, step left to side, hold

LADY: Rock, cross right behind left, recover to left, step right to side, hold

5-8 **MAN:** Rock right over left, recover to left, step right to side, hold

LADY: Rock left behind right, recover to right, step left to side, hold

On counts 1 -4, angle body to right diagonal, on counts 5 -8, angle body to left diagonal

MAN: WALK FORWARD (X3) HOLD, WALK FORWARD (X3) HOLD / LADY: WALK BACK (X3) HOLD, WALK BACK (X3) HOLD

1-4 **MAN:** Walk forward, left, right, left, hold

LADY: Walk back, right, left, right, hold

5-8 **MAN:** Walk forward, right, left, right, hold

LADY: Walk back, left, right, left, hold

MAN: ROCK STEP, BACK, HOLD, ROCK STEP, FORWARD, HOLD / LADY: ROCK ½ TURN HOLD, ROCK BACK, STEP FORWARD, HOLD

1-4 **MAN:** Rock left forward, recover to right step left back, hold

LADY: Rock right back, recover to left, turn ½ left and step right back, (to man's right side), hold, LOD

5-8 **MAN:** Rock right back, recover to left step right forward, hold

LADY: Rock left back, recover to right, step left forward, hold

On counts 3-4, release hands, pick up into Side By Side / Sweetheart Position

MAN: ¼ TURN, TOGETHER, SIDE, HOLD, BACK ROCK ¼ HOLD / LADY: ¼ TURN, TOGETHER, SIDE, HOLD, BACK ROCK, ¼ HOLD

1-4 **MAN:** Turn ¼ right on left to face partner, together on right step to side on left, hold, OLOD

LADY:, Turn ¼ left on right to face partner, together on left, step right to side, hold, ILOD

5-8 **MAN:** Rock right back, recover to left, turn ¼ right on right, hold, RLOD

LADY: Rock left back, recover to right, turn ¼ left on left, hold, RLOD

On counts 1-2, right hands over lady's head into crossed hands

Created by Ed Draeger For the Country Club Dancers – Line & Partner Dance Lessons every Monday At the Amerahn Dance Hall in Kewaskum, Wi. If you have any questions call 262 689 4144 or Email at drygulch@charter.net

Double Mexicali
5-17-10

MAN: PIVOT ½ TURN, STEP FORWARD, HOLD, WALK FORWARD (X3) HOLD / LADY: ROCK STEP, BACK, HOLD, WALK BACK (X3) HOLD

1-4 **MAN:** Step left forward turn ½ right and step left forward, hold, LOD

LADY:, Rock right forward, recover to left, step right back, hold

5-8 **MAN:** Walk forward, right, left, right, hold

LADY: Walk back, left, right, left, hold

On counts 3-4, right hands over man's head, left hands behind man's back into Hammerlock

MAN: ROCK STEP, BACK, HOLD, ROCK STEP, FORWARD, HOLD / LADY: ROCK STEP ½ TURN HOLD, ROCK STEP, BACK, HOLD

1-4 **MAN:** Rock left forward, recover to right, step left back, hold

LADY: Rock right back, recover to left, turn ½ left, stepping right back, hold LOD)

5-8 **MAN:** Rock right back, recover to left, step right forward, hold

LADY: Rock left back, recover to right, step left forward, hold

On counts 3-4, release left hands, pick up into Side By Side / Sweetheart Position

MAN: BEHIND ¼ TURN, TOGETHER, HOLD, ROCK, ¼ TURN, HOLD / LADY: CROSS, ¼ TURN, STEP, HOLD, ROCK, ¼ TURN, HOLD

1-4 **MAN:** Cross left behind right, turn ¼ left on right, step left together, hold, ILOD

LADY: Cross right over left, turn ¼ right, stepping left back, step right together, hold, OLOD

5-8 **MAN:** Rock right forward, recover to left, turn ¼ right on right, hold LOD

LADY: Rock left back, recover to right, turn ¼ left on left, hold, LOD

On counts 1-2, lady turning in front of man, left hands over lady's head, crossed hands, to face to partner

MAN: WALK FORWARD (X3) HOLD, WALK FORWARD (X3), HOLD / LADY: ½ TURN, STEP BACK, HOLD, WALK BACK (X3) HOLD

1-4 **MAN:** Walk forward, left right, left, hold

LADY: Turn ½ left on right, left, step right back, hold

5-8 **MAN:** Walk forward, right, left, right, hold, LOD

LADY: Walk back, left, right, left, hold, RLOD

On counts 1-4, both hands over lady's head, change into Closed Western Position

REPEAT