



COUNTRY CLUB DANCERS



Dizzy

Dance taught by Shirley Perkins for the Country Club Dancers 04-04-2016

Choreographed by: Jo Thompson Szymanski, jo.thompson@comcast.net

Description: 32 count 4 wall intermediate line dance

Music: **Dizzy** by Scooter Lee, 122 bpm

Intro: 32 counts, start on lyrics

1 – 8 **Rock, Step, Coaster step, Step, Turn ½, Step, Turn ½**

1-2 Rock right forward, recover to left

3&4 Step right back, step left together, step right forward

5-6 Step left forward, turn ½ right (weight to right)

7-8 Step left forward, turn ½ right (weight to right)

9 – 16 **Cross, Side, Sailor shuffle, Cross, Side, Sailor shuffle**

1-2 Cross left over right, step right to side

3&4 Cross left behind right, rock right to side (with ball of right foot), step left slightly forward

5-6 Cross right over left, step left to side

7&8 Cross right behind left, rock left to side (with ball of left foot), step right slightly forward

17 – 24 **Cross, Side, Back shuffle, Rock back, Full turn left turn forward**

1-2 Cross left over right, step right to side

3&4 Turn ¼ left and step left back, step right together, step left back

5-6 Rock right back, recover to left

Allow body to turn slightly right to prep for upcoming turn as you rock back

7-8 Turn ½ left and step right back, turn ½ left and step left forward

You will have done one full turn forward

25 – 32 **Shuffle forward, Step, Turn ½, Shuffle forward, Step, Turn ½**

1&2 Step right forward, step left together, step right forward

3-4 Step left forward, turn ½ right (weight to right)

5&6 Step left forward, step right together, step left forward

7-8 Step right forward, turn ½ left (weight to left)

Repeat

At the end of the song, you will have 2 extra beats. Stomp right, left in place to finish.