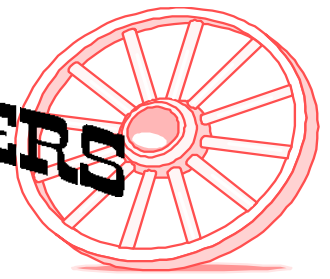




# COUNTRY CLUB DANCERS



## C. R. S.

Cowboy Rhythm Strong

Dance taught by Paul & Sharon  
Hergert for the Country Club  
Dancers 10-05-2015

Choreographed by: Dan Albro (01-29-2015), [mishnockbarn@gmail.com](mailto:mishnockbarn@gmail.com)  
[www.mishnockbarn.com](http://www.mishnockbarn.com)

Description: 32 count beginner/intermediate pattern partner dance

Music: **Young and Crazy** by Frankie Ballard, 115 bpm  
**I Can Drink to That All Night** by Jerrod Niemann, 116 bpm (see **tag** below)

Start Position: Side by Side, facing FLOD, like footwork except where noted

Intro: 32 counts, start with vocals

*Especially for: "Dans le Cadre des 12 Heures", Au HonkyTonk le 31 janvier 2015 (1/31/2015)*

### 1 – 8 **Change sides, Coaster step, Change sides, Coaster step**

1,2 **Lady:** Step R over L cross in front of man, turn ¼ right stepping back L (OLOD)

3&4,5 Step back R, step L next to R, step fwd R, step fwd L

6,7&8 Turn ½ left stepping back R (ILOD), step back L, step R next to L, step fwd L

1,2 **Man:** Step side R, **left hands over lady's head** turning ¼ left stepping back L (ILOD)

3&4,5 Step back R, step L next to R, step fwd R, **left hands over ladies head** turning ¼ right  
Stepping side L

6 **Right hands over lady's head** turn ¼ right stepping back R (OLOD)

7&8 Step back L, step R next to L, step fwd L

### 9 – 16 **Both: Kick ball change, Kick ball change, ½ Turn shuffle, Shuffle side**

1&2 **Release left hands** kick R angle fwd left, step back on ball of R, replace weight fwd L

3&4 Kick R angle fwd left, step back on ball of R, replace weight fwd L

5&6 **Release right hands** turning ¼ left stepping side R, step L next to R, turn ¼ left  
stepping back R

7&8 Step side L, step R next to L, step side L **picking up right hands**

### 17 – 24 **Kick ball change, Kick ball change\*, Turning shuffles into side by side position**

1&2 **Both:** Kick R angle fwd left, step back on ball of R, replace weight fwd L

3&4 Kick R angle fwd left, step back on ball of R, replace weight fwd L\*

5&6 **Lady:** Turn ¼ left stepping side R, step L next to R, turn ¼ left stepping back R

7&8 Turn ¼ left stepping side L, turn ¼ left stepping R next to L, turn ¼ left stepping fwd L (FLOD)

5&6 **Man: Release right hands** turning ¼ left stepping side R, step L next to R, step back on R

7&8 Turn ¼ left stepping side L, step R next to L, **pick up both hands** turning ¼ left  
stepping fwd L (FLOD)

5&6 **Option Man: Raising right hands** turning ¼ right stepping fwd R, step L next to R,  
step fwd R

7&8 Step fwd L, step R next to L, step fwd L, Turning the lady 1-¼ to the left **pick up both hands** into side by side position (FLOD)

(over)

Country Club Dancers – Line & Partner Dance Lessons every  
 Monday at the Amerahn Dance Hall in Kewaskum, WI  
[www.countryclubdancers.com](http://www.countryclubdancers.com)

**25 – 32 Both: Step, Lock, Shuffle fwd, Step, Lock, Shuffle fwd**

1,2,3&4 Step fwd R, step lock L behind R, step fwd R, step L next to R, step fwd R

5,6,7&8 Step fwd L, step lock R behind L, step fwd L, step R next to L, step fwd L

Repeat

\* **Tag:** Once, When dancing to "I Can Drink to that all Night" **Add** an additional **kick ball change** to the 3rd eight count on the second time through the pattern.