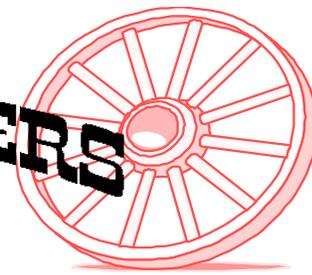




COUNTRY CLUB DANCERS



Dance Taught By: Paul &
Sharon Hergert for the Country
Club Dancers 10-13-08

Chains Of This Town

Choreographed by DJ Dan & Wynette Miller

Description: 64 count, intermediate partner/circle dance

Music: **Chains Of This Town** by BR5-49 [143 bpm / [BR5-49](#)]

Veronica by Barbados

If You Want A Mother by Gretchen Wilson [CD: One Of The Boys]

Position: Closed Western, man facing OLOD, lady ILOD, Lady's steps listed, Opposite footwork and turns unless stated

Start dancing on lyrics

RUMBA BOX

- 1-4 Step left to side, step right together, step left forward, hold On count 3, man step right back
5-8 Step right to side, step left together, step right back, hold On count 7, man step left forward

MAMBO BACK, HOLD; SIDE, TOGETHER, ¼ TURN, HOLD

- 1-4 Rock left back, recover onto right, step left together, hold On count 1, man rock right forward
5-8 Step right to side, step left together, make ¼ turn right step right forward, hold Let go hands, both facing LOD

FULL FORWARD TURN, HOLD; MAMBO FORWARD, HOLD

- 1-2 Make ½ turn right step left back, make ½ turn right step right forward
3-4 Step left forward, hold
Man's right hand picks up lady's left hand, right open promenade, both facing LOD
5-8 Rock right forward, recover onto left, step right back
Option for 1-4: left lock step forward, man right lock step forward

MAMBO BACK, HOLD; SIDE MAMBO, HOLD

- 1-4 Rock left back, recover onto right, step left forward, hold
5-8 Rock right to right side, recover onto left, step right together, hold

(CHANGE SIDES) SIDE, TOGETHER, SIDE, TOUCH, TWICE

- Man passing behind lady, change hands during the side steps into left open promenade
1-2 Step left to side, step right together
3-4 Step left to side, touch right together
Man passing behind lady, change hands during the side steps into right open promenade
5-6 Step right to side, step left together
7-8 Step right to side, touch left together

MAMBO BACK, HOLD; LOCK STEP FORWARD, HOLD

- 1-4 Rock left back, recover onto right, step left forward, hold
5-8 Step right forward, lock left behind right, step right forward, hold

LOCK STEP FORWARD, HOLD; MAMBO ½ TURN, HOLD

- 1-4 Step left forward, lock right behind left, step left forward, hold
On count 3, man's right hand lets go of lady's left hand
5-8 Rock right forward, recover onto left, make ½ turn right step right forward, hold
Man's left hand picks up lady's right hand, left open promenade, both facing RLOD

SIDE MAMBO, TWICE

- 1-4 Make ¼ turn right rock left to left side, recover onto right, step left together, hold
On count 2, go to closed western, start position
5-8 Rock right to right side, recover onto left, step right together, hold

REPEAT

Chains of this Town
10-13-08