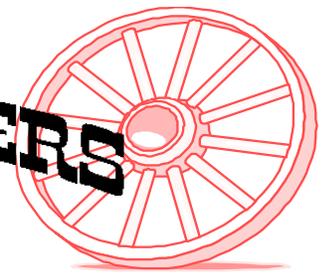




COUNTRY CLUB DANCERS



C'est La Vie

Dance taught by Paul and Sharon Hergert for the Country Club Dancers 09-10-2018

Choreographed by: Mabel Thompson
Description: 64 count circle partner dance
Music: *C'est La Vie* by Chely Wright, 154 bpm,
Album: *Metropolitan Hotel*, February 2005
Starting Position: Sweetheart, both on same foot
Intro: 32 counts

1 – 8 Steps, Hold x2, Walks forward & kicks

1-2 Step forward on Left, Hold
3-4 Step forward on Right, Hold
5-7 Walk forward on Left-Right-Left
8 Kick Right forward

9 – 16 Toe strut jazz box with ¼ turn

1-2 Step Right toe across left foot, Drop heel
3-4 Step back on Left toe, Drop heel
5-6 Step Right toe to side turning ¼ turn right, Drop heel
7-8 Step Left toe beside Right, Drop heel (*OLOD*)
(*Man behind the lady*)

17 – 24 Side together ¼ turn, Scuff, Lock step, ¼ Turn, Scuff

1-2 Step Right to side, step Left to Right
3-4 Step Right to side turning ¼ turn Right, Scuff Left (*RLOD*)
5-6 Step forward on Left, lock Right behind Left
7-8 Step forward on Left turning ¼ turn Right, Scuff Right (*ILOD*)

*Hands: Count 3: Release right hands, turn under raised left hands,
End lady behind man both hands joined*

25 – 32 Weave, Rolling grapevine

1-2 Step Right to side, Step Left behind Right
3-4 Step Right to side, Step Left over Right
5-6 Step Right to side, Step Left behind Right
7-8 Step Right to side, Step Left over Right
(*Dancers choice of Weave or Rolling Grapevine on counts 5-8*)

(over)

33 – 40 Side hold, Rock, Recover x2

- 1-2 Step Right to side, Hold
- 3-4 Rock Left behind Right, Recover onto Right
- 5-6 Step Left to side, Hold
- 7-8 Rock Right behind Left, Recover onto Left

41 – 48 Skates with ¼ turn, Rock with ½ turn

- 1-2 Turning ¼ turn right skate forward on Right (*LOD*), Hold
- 3-4 Skate forward to Left, Hold
- 5-6 Rock forward on Right, Recover onto Left
- 7-8 Turn ½ right on Right, Hold (*RLOD*)

*Hands: Count 1: Release left hands, turn under raised right hands,
Rejoin hands in sweetheart position*

49 – 56 Skates x2, Holds, Step turn step

- 1-2 Skate forward on Left, Hold
- 3-4 Skate forward on Right, Hold
- 5-6 Step forward on Left turn ½ right (*LOD*)
- 7-8 Step forward on Left, Hold

*Hands: Count 5: Release left hands, turn under raised right hands,
Rejoin hands in sweetheart position*

57 – 64 Steps hold x2, Step lock

- 1-2 Step forward on Right, Hold
- 3-4 Step forward on Left, Hold
- 5-6 Step forward on Right, Lock Left behind Right
- 7-8 Step forward on Right, Hold

Start again