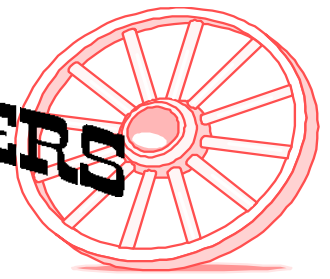




COUNTRY CLUB DANCERS



Bored

Dance taught by Shirley
Perkins for the Country
Club Dancers 04-10-2017

Choreographed by: Ria Vos, November 2016, dansenbijria@gmail.com

Description: 32 count 4 wall beginner line dance

Music: **Bored To Death** by Eric Hutchinson, 112 bpm,
Album: **Easy Street**, August 26, 2016

Intro: 16 counts

1 – 8 **Rock forward, & Rock forward, Shuffle back, Rock back**

1-2 Rock forward on R, Recover on L

&3-4 Step R next to L, Rock forward on L, Recover on R

5&6 Shuffle back stepping L-R-L

7-8 Rock back on R, Recover on L

9 – 16 **Step ¼ L, Touch, Side, Kick-Ball-Cross, Side, Behind-Side-Cross**

1-2 Step forward on R, ¼ Turn L tap L toe to R diagonal (*Weight on R*)

3 Step L to L side

4&5 Kick R to R diagonal, Step R next to L, Cross L over R

6 Step R to R Side

7&8 Step L behind R, Step R to R Side, Cross L over R

17 – 24 **Side rock, Crossing shuffle, ¼ R, Side, Crossing shuffle**

1-2 Rock R to R side, Recover on L

3&4 Cross R over L, Step L to L side, Cross R over L

5-6 ¼ Turn R step back on L, Step R to R side

7&8 Cross L over R, Step R to R side, Cross L over R

25 – 32 **Side Rock, & Side Rock, Sailor ¼ Turn L, Walk, Walk**

1-2 Rock R to R side, Recover on L

&3-4 Step R next to L, Rock L to L side, Recover on R

5&6 Step L behind R turning ¼ turn L, Step R next to L, Step forward on L

7-8 Walk forward R-L