



COUNTRY CLUB DANCERS



Baby Steps

Dance taught by Shirley Perkins for the Country Club Dancers 11-21-2016

Choreographed by: Marilu Marquardt, 2009

Description: 32 count 2 wall line dance

Music: **One Step at a Time** by Jordin Sparks, 102 bpm,
CD single, June 10, 2008

Intro: 16 counts

1 – 8 **Step lock, Step, Lock, Step, Step lock, Step, Lock, Step**

- 1 Step forward with right foot
- 2 Lock left foot to the outside of right foot
- 3&4 Step lock step forward, with right-left-right
- 5 Step forward with left foot
- 6 Lock right foot to the outside of left foot
- 7&8 Step lock step forward, with left-right-left

9 – 16 **Heel Jacks**

- 1 Step to right with right foot
- 2 Cross left foot behind right foot
- & Quick step back on right foot
- 3 And put left heel out
- & Quick step back on left foot
- 4 Cross right foot over left
- 5 Step to left with left foot
- 6 Cross right foot behind left foot
- & Quick step back on left foot
- 7 And put right heel out
- & Quick step back on right foot
- 8 Cross left foot over right

Easy version for heel jacks:

Step on right, cross left behind right, step to right, and left heel out

Step to left with left foot, cross right behind left, step to left and right heel out

17 – 24 **Side shuffle to right, Rock, Step, Side shuffle to left, ½ Turn sweep right**

- 1&2 Side shuffle to right
- 3 Rock back on left foot
- 4 Rock forward on right foot
- 5&6 Side shuffle to left
- 7-8 Sweep right foot to right making ½ turn to right, step forward on right

(over)

25 – 32 Left shuffle forward, Touch, Cross, Touch, Cross, Touch Out-In-Out

- 1&2 Shuffle forward, left, right, left
- 3 Touch right foot to right side
- 4 Cross right foot in front of left and step on right foot
- 5 Touch left foot to left side
- 6 Cross left foot in front of right and step on left foot
- 7&8 Touch right foot out-in-out

Repeat and Have Fun