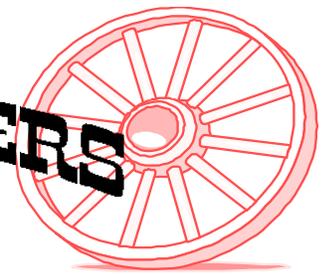




COUNTRY CLUB DANCERS



Colorado Girls

Dance taught by Shirley Perkins
and Barb Bishop for the County
Club Dancers 10-15-12

Choreographed by: Dan Albro, April 09 2012, www.mishnockbarn.com
Description: 32 count, Beginner / Intermediate Partner Dance
Music: Colorado Girl by The High Rollers, April 02, 2012, 132 bpm
Intro: 16 Counts, Start with lyrics
Starting Position: Two hand hold, Men facing outside line of dance (OLOD),
Ladies facing inside line of dance (ILOD).
Men's footwork described, ladies footwork is opposite

- 1 – 8 SHUFFLE SIDE, ROCK, STEP, SHUFFLE SIDE, ROCK, STEP**
 1 & 2, 3, 4 Step side L, step R next to L, step side L, rock back R, replace weight L
 5 & 6, 7, 8 Step side R, step L next to R, step side R, rock back L, replace weight R
- 9 – 16 WEAVE, LUNGE, ROCK, STEP**
 1, 2, 3, 4 Step side L, cross R behind L, step side L, cross R over L
 5, 6, 7, 8 Large step side L, drag R toe toward L, rock back R, replace weight L
Hands: On count 7 release man's right, ladies left hand
- 17 – 24 (BELT LOOP SWITCH) SHUFFLE FWD, ROCK, STEP, SHUFFLE SIDE, SHUFFLE SIDE**
Switching sides on counts 1 & 2, ladies staying BLOD of man
 1 & 2 Turn ¼ left stepping side R, step L next to R, turn ¼ left stepping back R (facing ILOD)
 3, 4 Rock back L, replace weight on R
 5 & 6, 7 & 8 Step side L, step R next to L, step side L, step side R, step L next to R, step side R
Hands: On count 1 man raises right arm over ladies head, dropping off ladies right hand on his right hip.
Lady slides her right hand around man waist (belt loops) keeping eye on him as they change sides.
On count 2 man picks up ladies' right hand at his left hip with his left hand.
On count 4 man picks up ladies' left in his right – now in two hand hold.
- 25 – 32 ROCK, STEP, TWO SHUFFLES TO CHANGE SIDES, ROCK, STEP**
Switching sides, lady staying BLOD of man
 1, 2, 3 & 4 Man Rock back L, replace weight R, turn ¼ left stepping L, R, L in place
 5 & 6, 7, 8 Turn ¼ left stepping R, L, R in place, rock back L, replace weight on R (facing OLOD)
 1, 2, 3 & 4 Lady Rock back R, replace weight L, step fwd R, step L next to R, step fwd R
 5 & 6 Turn ¼ right stepping side L, step R next to L, turn ¼ right stepping side L (facing ILOD)
 7, 8 Rock back R, replace weight L
Hands: Ladies will be passing BLOD of man on counts 3 & 4.
On count 5 lady will drop his right hand turning under his left arm.
On count 7 men pick up ladies left hand returning to original two hand hold.

Encore!

Country Club Dancers – Line & Partner Dance Lessons every
Monday at the Amerahn Dance Hall in Kewaskum, WI
www.countryclubdancers.com

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Girls
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