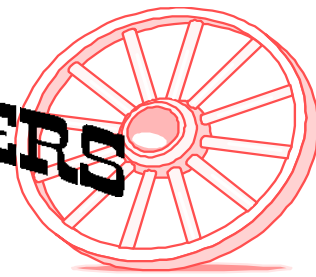




COUNTRY CLUB DANCERS



Stitches

Dance taught by Shirley Perkins for the Country Club Dancers 05-09-2016

Choreographed by: Amy Glass, Sept 2015, amyleeane@gmail.com

Description: 32 count 4 wall improver line dance

Music: **Stitches** by Shawn Mendes, 150 bpm,
Album: **Handwritten**, March 15, 2015

Intro: Dance begins on the heavy beat, approximately 30 seconds into the track

1 – 8 **Step back, Kick x2, Rock back, Recover, Toe, Heel**

- 1-2 Step back on R, Kick L foot slightly forward **styling snap fingers during the kick*
- 3-4 Step back on L, Kick R foot slightly forward **styling snap fingers during the kick*
- 5-6 Rock back on R, Recover weight on L
- 7-8 Tap R toe beside L while bringing R knee in, tap R heel to R diagonal while straightening the R leg

9 – 16 **Cross, Point, Cross-Point, Step, Hold, Ball step, Cross-Rock, Recover**

- 1-2 Cross R over L, Point L to L side
- 3-4 Point L to R diagonal, Step L to L side
- 5 Hold
- &6 Step on ball of R foot, Step L to L side
- 7-8 Rock R over L, Recover weight on L

17 – 24 **¼ R, Scuff, Step pivot ½ R, Step, Sweep, Step, Sweep**

- 1-2 Turn ¼ R while stepping forward R, Scuff L foot (3:00)
- 3-4 Step forward L, Pivot 1/2 R (9:00)
- 5-6 Step forward L, Sweep R from back to front
- 7-8 Step forward R, Sweep L from back to front

25 – 32 **Cross, Back Side, Cross, Back, Side, Swivel**

- 1-2-3 Cross L over R, Step back R, Step L to L side
- 4-5-6 Cross R over L, Step back L, Step R to R side (about shoulder width apart)
- 7-8 (Weight on ball of L foot, Heel of R foot) Swivel heels to L / Toes to R, Return feet to center

Restart: Wall 9 after 16 counts, facing front wall (instrumental section)

Start again