

Smokin' Cha

Dance taught by Paul and Sharon Hergert for the Country Club Dancers 04-23-2018

Choreographed by: Dan Albro, October 2017, www.mishnockbarn.com

Description: 32 count intermediate circle partner dance

Burn Out by Midland, 100 bpm, Album: On the Rocks, September 2017 Music:

Facing FLOD, man inside - lady outside, single handhold, Starting Position:

Opposite footwork - man's footwork described

32 counts Intro:

1 - 8Step, Kick ball change, Step, Step, Kick ball change, Rock forward Step fwd L. Kick R fwd. Step on ball of R next to L. Step fwd L. Step fwd R 1-2&3-4 5-6&7-8 Step fwd L, Kick R fwd, Step on ball of R next to L, Step fwd L, Rock fwd R

9 - 16Replace, ¼ Turn shuffle side, Rock, Replace, Shuffle side, Cross over

1-2&3 Replace weight on L, Turn ¼ right stepping side R, Step L next to R, Step side R (OLOD)

4-5-6&7 Cross rock L over R, Replace weight on R, Step side L, Step R next to L, Step side L

Cross step R over L 8

Hands: Count 3: Release her left, his right and pick up other hands

Count 7: Release her right, his left and pick up other hands

17 - 24Step back, Coaster step, Step forward, Step forward, 3 Sways

1-2&3-4-5 Step back L, Step back R, Step L next to R, Step fwd R, Step fwd L, Step fwd R

Step side L swaying hips L, Sway hips R, Sway hips L 6-7-8

Hands: Count 1: Release hands as you back away from your partner

Count 5: Pick up lady's right in man's left into closed social position

25 - 32Rock, Replace, Step, ¼ Turn, Shuffle forward, ½ Turn, ½ Turn

1-2 Cross rock R behind L (opening to BLOD), Replace weight on L

Step side R, Pivot 1/4 left (weight on L facing FLOD) 3-4 Step forward R, Step L next to R, Step forward R

5&6

7-8 Turn ½ right stepping back on L, Turn ½ right stepping forward R

Count 1: Release her left, his right - wrapping her right and his left behind partners back Hands:

Count 3: Pick up her left, his right

Count 7: Release hands

Count 8: Pick up her left, his right