



COUNTRY CLUB DANCERS



Sink or Swim

Dance taught by Paul & Sharon
Hergert for the County Club
Dancers 09-16-13

Choreographed by: Chris & Trev – Lonestar WPDC, June 2013,
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Description: 64 count partner dance, Opposite footwork throughout, Man's steps listed

Music: **Sea of Cowboy Hats** by Chely Wright, 149 bpm,
Album: **The Best of Chely Wright – The Millenium Edition**

Starting Position: Man facing OLOD Lady facing ILOD in double hand hold

Intro: 32 counts

1 – 8 Side together hold, Side together ¼ turn hold

1-4 Step LT to LT Side, Together with RT, Step FWD with LT, Hold

5-8 Step RT to RT Side, Together with LT, ¼ Turn RT on RT, Hold
(On count 7 Release Lady's LT hand, now facing RLOD)

9 – 16 Step pivot step hold, Man walk 3 hold, Lady ½ turn hold

9-12 Step FWD LT, Pivot ½ Turn RT, Step FWD LT, Hold

13-16 **MAN:** Walk RT, LT, RT, Hold,

LADY: ½ Turn RT, on LT, RT, LT, Hold

(On count 9 Release hands, count 11 Rejoin inside hands; count 13 Take RT hand over Lady's head)

(Now on LOD, Man Facing LOD, Lady Facing RLOD in Double Hand Hold)

17 – 24 Walk X 3 hold, Rock recover step hold

17-20 **MAN:** Walk FWD LT, RT, LT, Hold,

LADY: Walk back RT, LT, RT, Hold

21-24 Rock Back on RT, Recover on LT, Step FWD RT, Hold

25 – 32 Man: Walk X 3 hold, Lady: ½ Turn hold, ¼ Turn together step hold

25-28 **MAN:** Walk FWD LT, RT, LT, Hold,

LADY: ½ Turn RT on RT, LT, RT, Hold

(Man now on OLOD, Lady on ILOD holding inside Hands)

29-32 ¼ Turn LT Stepping on to RT, Together with LT, Step RT to Side, Hold

(On count 25 release Lady's LT hand; Count 29 Rejoin in double hand hold)

(Now Facing each other across LOD in Double Hand Hold)

over

- 33 – 40 Rock recover step, ¼ Turn, Hold, Step lock step, Hold**
33-36 Rock LT over RT, Recover on RT, ¼ Turn LT on LT to RLOD, Hold
37-40 Step FWD RT, Lock LT behind RT, Step FWD on RT, Hold
(Release Lady's RT Hand on count 35)
- 41 – 48 Step pivot step, Hold, Step lock step, Hold**
41-44 Step FWD on LT, Pivot ½ turn RT, Step FWD LT, Hold
45-48 Step FWD on RT, Lock LT Behind RT, Step FWD on RT, Hold
(On count 42 Release hands; Count 43 Rejoin inside hands)
- 49 – 56 ¼ Turn together, ¼ Turn, Hold, Step lock step, Hold**
49-52 ¼ Turn RT Stepping on to LT, Together with RT, ¼ Turn LT Stepping on to LT, Hold
53-56 Step FWD RT, Lock LT Behind RT, Step FWD RT, Hold
- 57 – 64 Step side, Together, Step side, Hold, Rock, Recover, ¼ Turn, Hold**
57-60 Step to Side with LT, Together with RT, Step to side with LT, Hold
61-64 Rock FWD on RT, Recover on LT, ¼ Turn RT on RT, Hold
(On count 57 Change sides Man going behind the Lady; Count 64 Rejoin in
double hand hold)

Start again