

Sand

Dance taught by Karen Blazer for the Country Club Dancers 07-15-2019

Choreographed by: Jill Weiss, June 2019, www.jkshuffles.com, jill@freespindance.com

Description: 32 count 4 wall beginner line dance

Music: Sand by Thomas Rhett, 90 bpm, Album: Center Point Road, May 2019

Intro: 32 counts

1-8 Modified rhumba box

- 1-2 Step side right, Step left next to right
- 3&4 Shuffle forward R-L-R
- 5-6 Step side left, Step right next to left
- 7&8 Shuffle forward L-R-L

9-16 Rock forward, Walk back (Optional turn), Rock back, Hip bump

- 1-2 Rock forward on right, Replace weight back to left
- 3-4 Step back right, Step back left
 - Optional full turn: 1/2 Turn right stepping forward on right,

Continue turning right ½ turn stepping back on left

- 5-6 Rock back on right, Replace weight forward to left
- 7&8 Step forward on right bumping hips right-left-right (end weight forward on right)

17–24 Toe taps, Coaster, 1/4 Pivot, Crossing shuffle

- 1-2 Touch left toe forward, Touch left toe to left side
- 3&4 Step back left, Step back right next to left, Step forward left
- 5-6 Step forward right, Pivot 1/4 left (weight to left)
- 7&8 Cross R in front of L, Small step left on L, Cross R in front of L

25-32 Side rock, Behind side cross, Kick ball cross, Sways

- 1-2 Step side left, Replace weight to right (9:00)
- 3&4 Step left behind right, Step side right, Step left in front of right
- 5&6 Kick right foot to the right diagonal, Step on right foot, Step left in front of right
- 7-8 Step right to right side (square to 9:00) and sway right, Sway left

Repeat and Enjoy!