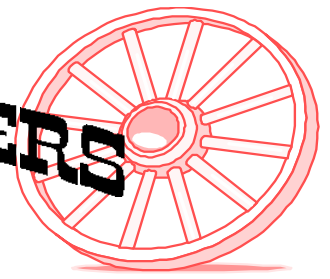




COUNTRY CLUB DANCERS



Rock and Roll Music

Dance taught by Shirley Perkins for the Country Club Dancers 03-27-2017

Choreographed by: Rachael McEnaney-White (UK/USA), June 2016, www.dancewithrachael.com

Description: 44 count 2 wall improver line dance

Music: **Rock and Roll Music** by Bryan Adams, 84 bpm,
Album: **Tracks of My Years**, 09-30-2014

Intro: 8 counts from start of track, start on vocals

1 – 8 **Right rocking chair, Right shuffle, Left rocking chair, Left shuffle**

1&2& Rock forward R (1), Recover weight L (&), Rock back R (2), Recover weight L (&) (12:00)

3&4 Step forward R (3), Step L next to R (&), Step forward R (4) (12:00)

5&6& Rock forward L (5), Recover weight R (&), Rock back L (6), Recover weight R (&) (12:00)

7&8 Step forward L (7), Step R next to L (&), Step forward L (8) (12:00)

9 – 16 **Right forward rock, Toe struts back R-L-R, Left coaster, Right forward, ¼ Turn left, Right cross**

1&2& Rock forward R (1), Recover weight L (&), Touch R toe back (2),
Drop R heel to floor (*weight on R*) (&) (12:00)

3&4& Touch L toe back (3), Drop L heel to floor (*weight on L*) (&),
Touch R toe back (4), Drop R heel to floor (*weight on R*) (&) (12:00)

5&6,7&8 Step back L (5), Step R next to L (&), Step forward L (6),
Step forward R (7), Pivot ¼ turn left (&), Cross R over L (8) (9:00)

17 – 24 **L side, R touch, R side, L touch, L side-close-forward, R side, L touch, L side, R touch, R side-close-back**

1&2& Step L to left side (1), Touch R next to L (&),
Step R to right side (2), Touch L next to R (&) (9:00)

3&4 Step L to left side (3), Step R next to L (&), Step forward L (4) (9:00)

5&6& Step R to right side (5), Touch L next to R (&),
Step L to left side (6), Touch R next to L (&) (9:00)

7&8 Step R to right side (7), Step L next to R (&), Step back R (8) (9:00)

25 – 28 **Left coaster step, Step 'out-out' R-L, Hip bumps L-R-L**

1&2&3 Step back L (1), Step R next to L (&), Step forward L (2), Step R to right side (&),
Step L to L side (3) (9:00)

&4& Bump hips left (&), Bump hips right (4), Bump hips left (&) (9:00)

(over)

**29 – 36 R kick, R close, L kick, L close, R point, R close, L point, L close,
R forward mambo, L back mambo**

1&2& Kick R forward (1), Step R next to L (&), Kick L forward (2), Step L next to R (&) (9:00)

3&4& Point R to right side (3), Step R next to L (&),
Point L to left side (4), Step L next to R (&) (9:00)

5&6,7&8 Rock forward R (5), Recover weight L (&), Step R next to L (6),
Rock back L (7), Recover weight R (&), Step L next to R (8) (9:00)

**37 – 44 R mambo ½ turn R, L forward, ¼ turn R, L cross,
R grapevine, Big step L, R touch in-out-in**

1&2 Rock forward R (1), Recover weight L (&), Make ½ turn right stepping forward R (2) (3:00)

3&4 Step forward L (3), Pivot ¼ turn right (&), Cross L over R (4) (6:00)

5&6& Step R to right side (5), Cross L behind R (&),
Step R to right side (6), Touch L next to R (&) (6:00)

7&8& Take big step L to left side (7), Touch R next to L (&),
Touch R to right side (8), Touch R next to L (&) (6:00)

START AGAIN - HAPPY DANCING ☺

Ending: The dance ends during the 5th wall which starts facing 12:00

Dance up to count 27 which will have you facing 9:00, you have just done the L coaster step (1&2),
out-out (R-L) (&3)

For a nice ending, make ¼ turn to right stepping in place R (4), L (&), R (5) (12:00)