
Choreographed by: Dan Albro, Nov 27, 2015, www.mishnockbarn.com
Start Position: Closed social position, Man facing FLOD, Lady facing RLOD,

Description: Music:

Intro: 32 count circle partner dance
Lose My Mind by Brett Eldridge, 101 bpm; Single: May 05, 2015; Album: Illinois, Sept 11, 2015 Opposite footwork except where noted, Man's footwork described 16 counts

## 1-8 2 Shuffles forward, Step forward, $1 / 4$ Turn, Toe, \& Toe \&

 1\&2,3\&4 Step fwd R, Step L next to R, Step fwd R, step fwd L, Step R next to L, Step fwd L$5 \quad$ Step angle fwd left on $R$ lining up right shoulders with partner
6 Turn $1 / 4$ right facing partner stepping side $L$ (Man facing OLOD, Lady facing ILOD)
\&7\&8 Touch R toe next to L, Step side R, Touch L toe next to R, Step side L
9-16 Crossing shuffle, Side shuffle, Rock back, Replace, Belt loop switch
1\&2 Cross step R over L, Step side L, Cross step R over L
3\&4,5,6 Step side L, Step R next to L, Step side L, Rock back on R, Replace weight L
$7 \& 8 \quad$ Turn $1 / 4$ left stepping side R, Step L next to R, Turn $1 / 4$ left stepping back R
Hands: Release man's right hand from behind lady's back on count 5,
Man drops lady's right hand off on his right hip on count 7 ,
Man picks up lady's right hand on his left hip on count 8 with his left hand
17-24 Rock, Step, Shuffle forward, Side, Together, Shuffle side $1 / 4$ turn
1,2,3 Rock back on L, Replace weight R, Turn $1 / 4$ right stepping fwd $L$
\&4,5,6 Step R next to $L$, Step fwd $L$, Turn $1 / 4$ left stepping side $R$, Step $L$ next to $R$
7\&8 Step side R, Step L next to R, Turn $1 / 4$ right stepping fwd R (FLOD)
Hands: On count 5 pick up lady's left hand, On count 8 release lady's left hand
25-32 Lady turns, Shuffle forward, Step, Touch, Step, Touch
1,2 Man: Small step fwd $L$ bringing lady in front, Step fwd $R$ returning to original position
1,2 Lady: Crossing FLOD of man turn $1 / 2$ left stepping back R, Step angle back $L$ to return to original position
$3 \& 4$ Step fwd L, Step R next to L, Step fwd L
5,6,7,8 Touch R toe fwd, Step back on R, Touch L toe back, Step fwd L
Hands: On count 1 man brings lady's right hand over her head,
On count 2 man places his right hand on lady's back returning to closed social position
Repeat

