

Out of Our Minds

Dance taught by Paul & Sharon Hergert for the Country Club Dancers 04-11-2016

Choreographed by: Dan Albro, Nov 27, 2015, www.mishnockbarn.com

Description: 32 count circle partner dance

Music: Lose My Mind by Brett Eldridge, 101 bpm; Single: May 05, 2015;

Album: Illinois, Sept 11, 2015

Start Position: Closed social position, Man facing FLOD, Lady facing RLOD,

Opposite footwork except where noted, Man's footwork described

Intro: 16 counts

1 – 8 2 Shuffles forward, Step forward, ¼ Turn, Toe, & Toe &

1&2,3&4 Step fwd R, Step L next to R, Step fwd R, step fwd L, Step R next to L, Step fwd L

5 Step angle fwd left on R lining up right shoulders with partner

6 Turn ¼ right facing partner stepping side L (Man facing OLOD, Lady facing ILOD)

&7&8 Touch R toe next to L, Step side R, Touch L toe next to R, Step side L

9 – 16 Crossing shuffle, Side shuffle, Rock back, Replace, Belt loop switch

1&2 Cross step R over L, Step side L, Cross step R over L

3&4,5,6 Step side L, Step R next to L, Step side L, Rock back on R, Replace weight L

7&8 Turn ½ left stepping side R. Step L next to R. Turn ½ left stepping back R

Hands: Release man's right hand from behind lady's back on count 5,

Man drops lady's right hand off on his right hip on count 7,

Man picks up lady's right hand on his left hip on count 8 with his left hand

17 – 24 Rock, Step, Shuffle forward, Side, Together, Shuffle side ¼ turn

1,2,3 Rock back on L, Replace weight R, Turn 1/4 right stepping fwd L

&4,5,6 Step R next to L, Step fwd L, Turn 1/4 left stepping side R, Step L next to R

7&8 Step side R. Step L next to R. Turn ½ right stepping fwd R (FLOD)

Hands: On count 5 pick up lady's left hand, On count 8 release lady's left hand

25 – 32 Lady turns, Shuffle forward, Step, Touch, Step, Touch

1.2 Man: Small step fwd L bringing lady in front. Step fwd R returning to original position

1,2 Lady: Crossing FLOD of man turn ½ left stepping back R,

Step angle back L to return to original position

3&4 Step fwd L, Step R next to L, Step fwd L

5,6,7,8 Touch R toe fwd, Step back on R, Touch L toe back, Step fwd L

Hands: On count 1 man brings lady's right hand over her head,

On count 2 man places his right hand on lady's back returning to closed social position

Repeat