

Marilu's Mambo

Choreographed By: Marilu Marquardt (aka Marilu Hartwig)

Email: marilumarquardt@hotmail.com Description: 32 Count Four Wall Line Dance Music: No One by: Alicia Keyes

Calabria by: Enur Fet Natasja

Dance Taught By: Paul Hergert for the Country Club Dancers 3-17-08

RIGHT MAMBO FORWARD, LEFT MAMBO BACK, RIGHT MAMBO, LEFT MAMBO

| 1&2 | Rock forward on right, replace weight onto left, step right next to left |
|-----|---|
| 3&4 | Rock back on left, replace weight onto right, step left next to right |
| 5&6 | Rock right to right side, replace weight onto left, step right next to left |
| 7&8 | Rock left to left side, replace weight onto right, step left next to right |

STEP TO RIGHT SIDE, LEFT TOGETHER, RIGHT SIDE SHUFFLE, ROCK BACK LEFT, FORWARD RIGHT, LEFT SHUFFLE FORWARD

| 1 | Step right to right side |
|---|--------------------------|
| 2 | Step left next to right |

3&4 Right side shuffle, step right, left, right

5 Rock back on left6 Rock forward on right

7&8 Left shuffle forward, left, right, left

KICK RIGHT FOOT TO FRONT, SIDE, ¼ TURN SAILOR STEP, KICK LEFT FOOT TO FRONT, SIDE, SAILOR STEP

| 1 | Kick right foot to | front |
|---|--------------------|-------|
| 2 | Kick right foot to | side |

3&4 Step right foot behind left turning \(\frac{1}{4} \) right, step to side with left, step slightly forward on right

5 Kick left foot to front6 Kick left foot to side

7&8 Step left foot behind right, step to side with right, step slightly forward on left

FOUR SETS OF HIP BUMPS MOVING SLIGHTLY FORWARD

| 1&2 | Step on right, bumping hips to right, step on left, bumping hips to left, step on right, bumping hips to right |
|-----|--|
| 3&4 | Step on left, bumping hips to left, step on right, bumping hips to right, step on left, bumping hips to left |
| 5&6 | Step on right, bumping hips to right, step on left, bumping hips to left, step on right, bumping hips to right |
| 7&8 | Step on left, bumping hops to left, step on right, bumping hips to right, step on left, bumping hips to left |

REPEAT

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