

Lay Low

Dance taught by Shirley Perkins for the Country Club Dancers 04-18-2016

Choreographed by: Darren Bailey (UK), Aug 2015, dazzadance@hotmail.com

Description: 32 count 4 wall improver line dance

Music: Lay Low by Josh Turner, 109 bpm, Sept 15, 2014

Side rock R, Cross shuffle, 1/4 R x2, Cross shuffle

Intro: 32 counts

1 - 8

1-2	Rock Rf to R side, Recover onto Lf
3&4	Cross Rf over Lf, Step Lf to L side, Cross Rf over Lf
5-6	Make a 1/4 turn R and step back on Lf, Make a 1/4 turn R and step Rf to R side
7&8	Cross Lf over Rf, Step Rf to R side, Cross Lf over Rf
9 – 16	Step R, Touch L, Kick ball cross, Side rock L, Sailor ½ L turn with cross
1-2	Step Rf to R side, Touch Lf next to Rf
3&4	Kick Lf forward (to L diagonal), Step Lf next to Rf, Cross Rf over Lf
5-6	Rock Lf to L side, Recover onto Rf
7&8	Cross Lf behind Rf making a 1/4 turn L, Step Rf next to Lf,
	Make a 1/4 turn L and cross Lf over Rf
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17 – 24 Step R, Lock L, Chassé ¼ turn R, Pivot ½ turn R, ½ turning shuffle R

1-2 Step Rf to R side, Lock Lf behind Rf (popping R knee forward)

3&4 Step Rf to R side, Close Lf next to Rf, make a 1/4 turn R and step forward on Rf

5-6 Step forward on Lf, Make a ½ pivot turn R

7&8 Make a ¼ turn R and step Lf to L side, Close Rf next to Lf,

Make a 1/4 turn R and step back on Lf

25 - 32 Back x2 with knee pops, R Coaster step, Cross rock L, Scissor step L

1-2 Step back on Rf popping L knee forward, Step back on Lf popping R knee forward

3&4 Step back on Rf. close Lf next to Rf. Step forward on Rf

5-6 Cross Rock Lf over Rf, Recover onto Rf

7&8 Step Lf to L side, Close Rf next to Lf, Cross Lf over Rf

Tag Before starting wall 10:

1-4 Click fingers on R hand x4 slowly bringing R hand down to the side

Start again