

Harmony Stroll

Choreographed by Diane Jackson

Description: 48 count, beginner/intermediate partner/circle dance

Music: When I Get Over You by Joni Harms [92 bpm]
The Heart That You Own by Dwight Yoakam [96 bpm]
I'll Just Take These by Dwight Yoakam [101 bpm]

Position:Right Skaters (Both facing the same direction, the lady is slightly in front of the man, both right hands rest on the lady's right hip, with left hands held in front at man's chest level), both on same foot pattern

Start dancing on lyrics

WALK FORWARD & POINT TWICE

Walk forward left, right, left, point right toe out to right sideWalk forward right, left, right, point left toe out to left side

ROCK STEP SHUFFLE, ROCK STEP SHUFFLE

9-10	Step forward on left, rock back on right
11&12	Shuffle backwards on left, right, left
13-14	Step back on right, rock forward on left
15&16	Shuffle forward on right, left, right

Raise left hand, drop right

17-18 MAN: Step forward on left, rock back on right

LADY: Step forward on left, pivot ½ turn right

19&20 MAN: Shuffle backward on left, right, left

Lady: continue turn to right on shuffle left, right, left

Traveling backwards, rejoin into right skaters

21-22 BOTH: Step back on right, rock forward on left

23-24 Shuffle forward on right, left, right

LEFT GRAPEVINE, TOUCH, RIGHT GRAPEVINE, TOUCH

25-26	Step left foot to left, step right foot behind left
27-28	Step left foot to left, touch right next to left
29-30	Step right foot to right, step left foot behind right
31-32	Step right foot to right, touch left next to right

PIVOT ½ TURN, WEAVE, PIVOT ½ TURN

Step left foot forward, pivot ½ turn right, (do not release hands, you are now both facing RLOD in left skaters, with man on lady's right)

35-36 Step left foot over in front of right, step right foot to right side

37-38 Step left foot behind right, step right foot to right

39-40 Step left foot forward, pivot ½ turn right

Drop left hand raise right over lady's head & rejoin in right skaters

FORWARD SHUFFLES X 4, MOVING OUT

Four forward shuffles starting with left foot, moving at a slight angle to outer edge of dance floor ready to start the dance again

REPEAT

Harmony Stroll 7-27-09

Dance Taught By: Bob & Pat

Pitrof for the Country Club

Dancers 7-27-09