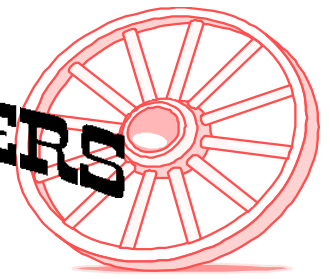




# COUNTRY CLUB DANCERS



## Footloose

Dance taught by Paul Hergert  
for the County Club Dancers  
06-25-12

Choreographed by: Robert Royston  
Description: Phrased, Intermediate 1 Wall Line Dance,  
(Originally choreographed as a two wall line dance, adapted by  
Paul Hergert for the Country Club Dancers Spring 2012 Coulee  
Country Dancefest demo)  
Music: **Footloose** by Blake Shelton, from **Footloose** (music from the Motion  
Picture, 2011), 87 bpm  
Intro: 64 counts: Freestyle or do side touches starting to the left until the  
dance starts. During the intro, when you hear the organ, there are 16  
counts until the dance starts

### Section A

- (1 – 9)** **(9 counts) Forward heel struts, Step Forward, Double hip bump forward**  
1 – 4 Left step heel forward (1), Left step onto ball of foot (2), Right step heel forward (3),  
Right heel step forward (4)  
5 – 9 Left heel step forward (5), Left step onto ball of foot (6), Right heel step forward (7).  
Bump hips twice forward, leading with right hip (8 & 9)
- (10 – 17)** **(8 counts) Hold, Reverse toe struts, Step back, Double hip bump back**  
10 – 13 Hold (10), Left step back onto ball of foot (11), Left step down onto heel (12), Right  
step ball of foot across left (13)  
14 – 17 Right step down onto heel (14), Left foot step back (15), Bump hips twice back,  
leading with left hip (16 & 17)
- (18 – 25)** **(8 counts) Hold, Forward heel struts, Step forward, Double hip bump forward**  
18 – 21 Hold (18), Right step heel forward (19), Right step onto ball of foot (20), Left heel  
step forward (21)  
22 – 25 Left step onto ball of foot (22), Right heel step forward (23), Bump hops twice  
forward, leading with right hip (24 & 25)
- (26 – 32)** **(7 counts) Hold, Two slow ½ turns left, Step back, Hold**  
26 – 29 Hold (26), ½ turn over left shoulder onto left foot (27), Small hitch with right as you  
continue to rotate in same direction (28), ½ turn over left shoulder, back onto right  
foot (29)  
30 – 32 Small hitch with left as you continue to rotate in same direction (30), Step back onto  
left (31), Hold (32)
- (33 – 40)** **Right and left grapevine**  
33 – 36 Right step to right side (33), Left step behind right (34), Right step to right side (35),  
Left touch next to right (36)  
37 – 40 Left step to left side (37), Right step behind left (38), Left step to left side (39), Right  
touch next to left (40)

- (41 – 48) Forward and back step touches with claps, two times**  
 41 – 44 Step right forward on right diagonal (41), Touch left next to right and clap (42), Step left back on left diagonal (43), Touch right next to left and clap (44)  
 45 – 48 Step right forward on right diagonal (45), Touch left next to right and clap (46), Step left back on left diagonal (47), Touch right next to left and clap (48)
- (49 – 56) ¼ Turning right step touches four times to make one full turn right**  
 49 – 52 Right step ¼ turn right (49), Left touch next to right (50), Left step ¼ turn right (51), Right touch next to left (52)  
 53 – 56 Right step ¼ turn right (53), Left touch next to right (54), Left step ¼ turn right (55), Right touch next to left (56)
- (57 – 64) Left and Right Side Touches**  
 57 – 60 Step left to left side (57) Touch right next to left (58) Step right to right side (59) Touch left next to right (60)  
 61 – 64 Repeat steps 57-60
- (65 – 72) Right and left grapevine**  
 (Repeat steps 33 – 40)
- (73 – 80) Forward and back step touches with claps, two times**  
 (Repeat steps 41 –48)
- (81 – 88) ¼ Turning right step touches four times to make one full turn right**  
 (Repeat steps 49 – 56)
- (89 – 96) Left and Right Side Touches**  
 (Repeat steps 57-64)

**NOTE:** *The 2<sup>nd</sup> time you do Part A do counts 33–56, Omit counts 57-64, then continue with counts 65-96.  
 The 3<sup>rd</sup> time you do Part A you will do counts 1-56 then start Part B.*

**Section B**

- (1 – 8) “Carlton” or 80’s Club styling, Heel kicks (with little hops in between)**  
 1 – 4 Right heel forward (1), Return right next to left (2), Left heel forward (3), Return left next to right (4)  
 5 – 8 Right heel forward (5), Return right next to left (6), Left heel forward (7), Return left next to right (8)
- (9 – 16) Heel toe travelling swivels, Right Slide, Touch left, Hold (with little hops in between, travelling to the right)**  
 9 – 12 Right heel out to right side (9), Right toe in (10), Right heel out to right side (11), Right tow in (12)  
 13 – 16 Big step to right side onto right (13), Hold (14), Left touch next to right (15), Hold (16)
- (17 – 24) Big step to left, Extra hold, Step together, Extra hold**  
 17 – 20 Left big reaching step to left side (17), Hold (18, 19 &20)  
 21 – 24 Right step next to right (21), Hold (22, 23 & 24)
- (25 – 32) Crazy Knees (Men) or Wiggle (Women)**  
**Crazy Knees, with knees bent, take small steps in place as you move your knees in and out**  
 25 – 32 Left (25), Right (26), Left (27), Right (28), Left (29), Right (30), Left (31), Right (32)

**(25 – 32) Wiggle, with feet together and knees bent, wiggle hips left and right, hands in front, and then behind**

25 – 28 Wiggle, hands in front (25 & 26), Wiggle hands behind (27 & 28)  
29 – 32 Wiggle, hands in front (29 & 30), Wiggle hands behind (31 & 32)

**(33 – 40) “Ride ‘Em” Jumps Forward and Back with holds**

33 – 36 Left step forward (slightly out left) & Right step forward (slightly out right) (33),  
Hold (34 & 35), Step back left & Step back right (36)  
37 – 40 Step back left & Step back right (37), Hold (38, 39 & 40)

**(41 – 48) Slow one full turn left with Left and Right step touches**

41 – 44 Left step ¼ turn left (41), Right touch next to left (42), Right step ¼ turn left (43), Left  
touch next to right (44)  
45 – 48 Left step ¼ turn left (45), Right touch next to left (46), Right step ¼ turn left (47), Left  
touch next to right (48)

**(49 – 56) “Ride ‘Em” Jumps Forward and Back with holds**

49 – 52 Left step forward (slightly out left) & Right step forward (slightly out right) (49),  
Hold (50 & 51), Step back left & Step back right (52)  
53 – 56 Step back left & Step back right (53), Hold (54, 55 & 56)

**1<sup>st</sup> Sequence: Section A, Section B, 20 count music break**

(1-20) See Section B steps 1-8. Do the same except start with the left foot. Do heel  
kicks with little hops in between, starting with left foot kicking forward, then right foot  
kicking forward, repeat for 20 counts, then start Section A again 2<sup>nd</sup> sequence

**2<sup>nd</sup> Sequence: Section A, Section B, 36 count music break**

- (1-16) Do side touches starting to the left, then right (16 counts)
- (17-32) Left shuffle forward (1&2), right shuffle forward (3&4), step left ¼ turn  
right (5,6) step left ¼ turn right (7,8) facing rear after turns; Repeat last 8 counts,  
left and right shuffles and two ¼ turns right, facing front after turns (16 counts)
- (33-36) Repeat left & right side touches (4 counts), Start A again 3<sup>rd</sup> sequence

**3<sup>rd</sup> Sequence: Section A (modified), Section B, 4 Counts, Section B**

Skip last 40 steps of Section A (Left & Right Touches, second set of Grapevines,  
Forward and back Touches w/Claps, Right Turn step touches, Left & right side  
touches (Steps 57-96), Do Section B  
Add four extra Heel Kicks (Steps 1-4 Section B)  
Do Section B again, then go to 4<sup>th</sup> sequence

**4<sup>th</sup> Sequence: Ending Section, 36 Counts**

1 – 8 Forward and back step touches: L, R, L, R, L, R, L, R  
9 – 16 Side touches L, R, L, Hold, R, L, R, Hold  
Begin moving together toward the front as a group  
17 – 24 Repeat counts 9 – 16  
25 – 32 Repeat counts 9 – 16  
33 – 35 Step left forward and right back slightly and left together  
36 Step right forward with arms up to end dance