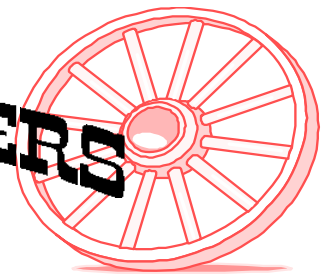




# COUNTRY CLUB DANCERS



## Fire and Ice

Dance taught by Paul & Sharon Hergert for the Country Club Dancers 5-9-11

**Choreographed by** Dan Albro and Genna Cookson  
**Description** 48 count intermediate partner dance.  
**Music** Steam - Ty Herndon, or any slow to medium swing.  
You Ain't Down Home - Jann Browne  
**Note** Gentlemen facing outside dance floor, Ladies facing their partner.  
Two hand hold.

### MEN

#### WEST COAST SUGAR PUSH.

1,2 Step back on L, 1/2 step back on R  
3,4 Touch L toe in place, step forward on L  
5&6 Triple in place R,L,R ( anchor )

#### 2 STEPS, 2 SHUFFLES INTO SIDE BY SIDE POSITION.

1,2,3&4 Step back L,R, Shuffle in place L,R,L  
5&6 Triple step R,L,R turning 1/4 turn left

Man preps ladies turn moving hands right, left on 1-2. On 3&4, hands go over the ladies head to change hands. On 5&6, hands come down in side by side position. Right hands at ladies right shoulder, left hands joined in front.

#### KICK & TOUCH, KICK & TOUCH, KICK & STEP, HIP BUMPS

1& Kick L fwd, step L next to right  
2 Touch R to side (behind lady)  
3& Kick R fwd, step R next to L  
4 Touch L to side,  
5& Kick L fwd, step L next to R  
6 Step fwd on R (weight on right)  
7,8 Bump hips with partner twice (finish with weight on inside foot)

#### THREE SHUFFLES FORWARD LINE OF DANCE.

1-6 Shuffle forward L,R,L -R,L,R-L,R,L

#### SIDE TOGETHER, SIDE TOGETHER, SIDE TOUCH -CHANGING SIDES.

1,2 Step side R, step together L,  
3,4 Step side R, step together L,  
5,6 Step side R, touch L next to R

Ladies goes in front of man, lower left hand and hooking it behind her back on 1,2,3,4.  
On 5, 6 man releases left hand and slides it down ladies right arm to complete hand change.

### LADIES

Step forward on R, 1/2 step forward L  
Touch R toe in place, step back on R  
Triple in place L,R,L ( coaster )

Step forward R,L, Start 3/4 turn left triple R,L,R  
Finish 3/4 turn triple L,R,L

Kick R fwd, step R next to left  
Touch L to side (in front of man)  
Kick L fwd, step L next to right  
Touch R to side  
kick R fwd, step R next to left  
Step fwd on L (weight on left)

Shuffle forward R,L,R-L,R,L-R,L,R

Step side L, step together R,  
Step side L, step together R,  
Step side L, touch R next to L

**4 STEPS TURNING LADY 13/4 RIGHT INTO OPEN PROMENADE, 2 SHUFFLES FORWARD**

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|---|---|
| <p>1,2 Step back L, step R next to L</p> <p>3,4 Step L next to R, Step R forward</p> <p>5-8 2 Shuffles forward, L,R,L - R,L,R</p> | <p>1 3/4 turn Rt<br/>crossing in front of man to change</p> <p>Step R, L, R, L,</p> <p>2 shuffles forward R,L,R - L,R,L</p> |
|---|---|
- Man brings his left hand (ladies right) towards his chest on 1, over the ladies head on 2, 3; finishing in open promenade on 4. Lady finishes turn placing left hand on mans right shoulder.

**SWIVEL WALKS FORWARD, UNDER ARM TURN INTO STARTING POSITION.**

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|--|---|
| <p>1 Step forward L (face lady)</p> <p>2 Step forward R (face LOD)</p> <p>3 Step forward L (face lady)</p> <p>4 Step forward R (face LOD)</p> <p>5&amp;6 Send lady under raised left arm while shuffling in place L,R,L turning 1/4 to face partner</p> <p>7&amp;8 Shuffle in place R,L,R pick up into double hand hold</p> <p><i>Begin again.</i></p> | <p>Step forward R (face man)</p> <p>Step forward L (face LOD)</p> <p>Step forward R (face man)</p> <p>Step forward L (face LOD)</p> <p>3/4 turn right under mans left arm while shuffling in place R,L,R</p> <p>Coaster step in place L,R,L</p> |
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