



COUNTRY CLUB DANCERS



Down to One

Dance taught by Paul & Sharon
Hergert for the Country Club
Dancers 08-01-2022

Choreographed by: Barb Monroe (USA) and Dave Monroe (USA), January 2021,
www.poconocowboy.com

Description: Easy intermediate pattern partner circle dance

Music: **Down to One** by Luke Bryan, 94 bpm,
Album: **Born Here, Live Here, Die Here**, October 2020

Starting Position: Tandem (Indian) facing OLOD, same footwork throughout
Intro: 16 counts

1 – 8 Rock, Recover, Rock, Recover, Rock, Recover, ½ Turn shuffle

1-4 Rock forward R, Recover L, Rock back R, Recover L

5-6 Rock forward R, Recover L

7&8 Turn ½ turn right shuffling RLR (*facing ILOD*)

Arms: *Count 7: Drop right arms, bring left arm over lady's head*

Count 8: Reconnect hands at man's waist

9 – 16 Side rock, Cross shuffle, ¼ Turn, ½ Turn, Shuffle

1-2 Rock side L, Recover R

3&4 Cross shuffle LRL

5-6 Turn ¼ left stepping R (*facing RLOD*), Turn ½ left stepping L (*facing LOD*)

Arms: *Count 5: Drop right arms, bring left arm over lady's head*

Count 6: Connect right hands in cape position

7&8 Shuffle forward RLR

17 – 24 Walk, Walk, Shuffle, Heel & Heel &, Walk, Walk

1-2 Walk forward LR

3&4 Shuffle forward LRL

5&6& Touch R heel forward, Step R beside L, Touch L heel forward, Step L beside R

7-8 Walk forward RL

25 – 32 Cross rock, Recover, ¼ Turn shuffle, Cross rock, Recover, Coaster step

1-2 Cross rock R over L, Recover L

3&4 Turn ¼ turn right shuffling side RLR (*facing OLOD*)

5-6 Cross rock L over R, Recover R

7&8 Coaster step LRL

Begin Again