



COUNTRY CLUB DANCERS



Crank It Up

Dance taught by Shirley
Perkins for the Country
Club Dancers 01-04-2016

Choreographed by: Cheri Litzenburg, www.linedancecheri.com, linedancecheri@verizon.net

Description: 32 count 2 wall high beginner line dance

Music: **Crank It Up** by Colt Ford, 113 bpm,
Album: **Thanks for Listening**, July 01, 2014

Intro: 32 counts on the words, "*Shake them hips*"

1 – 8 **Step hip swivel, Coaster step x2**

1&2 Step forward on right foot, swivel heels right raising your right hip, bring heels back center
3&4 Step back slightly right, step left next to right, step forward right
5&6 Step forward on left foot, swivel heels left raising your left hip, bring heels back center
7&8 Step back slightly left, step right next to left, step forward left

9 – 16 **Rock forward, ½ Turn shuffle, Rock forward, Coaster cross**

1-2 Rock forward on right foot, recover weight to left foot
3&4 ½ Turn right stepping slightly forward on right, slide left heel to right instep,
step slightly forward on right
5-6 Rock forward left, recover weight to right foot
7&8 Step back slightly left, step right next to left, cross left over right

Restart here on wall 4, Dance first 16 counts (you will be facing 12:00 when you restart)

17 – 24 **Grapevine right, Turning grapevine left**

1-4 Step right to side, step left behind right, step right to side, touch left toe next to right
5-8 ¼ Turn left step on left, ½ turn left step on back on right, ¼ turn left step on left,
touch right toe next to next to left

25 – 32 **Touch, Sailor, Touch, Sailor**

1-2 Touch right toe forward, touch right toe to right side
3&4 Step right behind left, step left to side, step right to side
5-6 Touch left toe forward, touch left toe to left side
7&8 Step left behind left, step right to right side, step left to left side

Begin Again!

Four count tag at end of wall 9 (facing 6:00):

1-4 Rock forward right, recover left, rock back right, recover left