

Break On Me

Dance taught by Paul & Sharon Hergert for the Country Club Dancers 06-07-2021

Choreographed by: Marc Laliberté, March 2016

Description: 32 count Improver/Intermediate circle partner dance

Break On Me by Keith Urban, 87 bpm, Single: October 2015, Music:

Album: Ripcord, May 2016

Closed Western, Man facing LOD, Lady facing RLOD, Start Position:

Opposite steps unless otherwise noted

Intro: 32 counts, Two restarts

1 – 8	Man: Step, Slide, Shuffle forward x2
	Lady: Back, Slide, Shuffle back x2
1,2	Man: Step L forward, Slide R next to lef
1,2	Lady: Step R back, Slide L next to right
3&4	Man: Shuffle forward LRL
384	Lady: Shuffle back BLB

Lady: Shuffle back RLR 3&4

5,6 Man: Step R forward, Slide L next to right Lady: Step L back, Slide R next to left 5,6

7&8 Man: Shuffle forward RLR 7&8 Lady: Shuffle back LRL

9 - 16Man: Cross, Step, Chassé left, Back, Back, Chassé right

Lady: Diagonal step, Step, Cross shuffle, Back, Diagonal back, Triple step

Man: Cross L in front of right, Step R forward 1,2

1,2 Lady: Step R forward on right diagonal, Step L forward

Count 1: Release man's right hand and lady's left hand, Lady passes under man's left arm

3&4 Man: Side shuffle to left LRL 3&4 Lady: Crossing shuffle to left RLR

Counts 3&4: Pick up Man's right hand and Lady's left hand behind Man's back at hip height,

Now all hands are joined

5,6 Man: Step R back, Step L back

5,6 Lady: Step L back, Step R back on right diagonal

Count 5: Release Man's left hand and Lady's right hand, Lady passes under Man's raised right arm

Man: Right side shuffle RLR 7&8 7&8 Lady: Triple step in place LRL Counts 7&8: Now in double hand hold

Restarts at this point on 3rd and 5th rotations (no words in song), Start again in closed position

17 – 24	Man: Back rock step, Shuffle forward, ½ Turn, ½ Turn, Shuffle forward Lady: Cross, Pivot ½ turn, Shuffle forward, ½ Turn, ½ Turn, Shuffle forward	
1,2	Man: Rock back on L, Recover on R	
1,2	Lady: Step forward on R pivoting ½ turn left into wrap position, Step L (LOD)	
3&4	Man: Shuffle forward LRL	
3&4	Lady: Shuffle forward RLR	
5,6	Man: Step R turning ½ turn left, Step L forward turning ½ left (Turn away from Lady)	
5,6	Lady: Step L turning ½ turn right, Step R forward turning ½ right (Turn away from Man)	
Count 5:	Release hands	
7&8	Man: Shuffle forward RLR	
7&8	Lady: Shuffle forward LRL	
Count 7:	Rejoin hands in side-by-side position facing LOD	
25 – 32	Man: ½ Turn, ½ Turn, Shuffle forward, Walk, Walk, Shuffle forward	
	Lady: ½ Turn, ½ Turn, Shuffle forward, ¼ Turn, ¼ Turn, Shuffle back	
1,2	Man: ½ Turn right stepping L to left side, ½ Turn right stepping R forward (LOD)	
1,2	Lady: ½ Turn left stepping R to right side, ½ Turn left stepping L forward (LOD)	
Count 1:	Release hands, Man turns behind Lady while Lady turns in front of Man switching sides	
Count 2:	Rejoin hands, Man's left and Lady's right, In side-by-side position,	
	Man on OLD, Lady on ILD, Both facing LOD	
3&4	Man: Shuffle forward LRL	
3&4	Lady: Shuffle forward RLR	
5,6	Man: Step forward RL	
5,6	Lady: 1/4 Turn left stepping L forward, 1/4 Turn left stepping R back	
Count 5:	Lady turns under Man's raised left arm ending in closed position facing Man	
7&8	Man: Shuffle forward RLR	
7&8	Lady: Shuffle back LRL	

Repeat