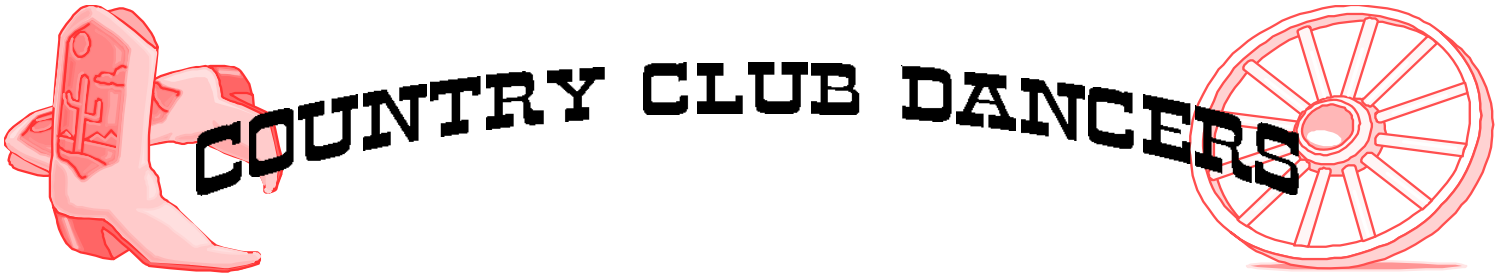

Betty Lou's Boogie

Dance Taught By: Shirley Perkins for the Country Club Dancers

Choreographed by Anita McNab

Description:48 count, 4 wall, beginner/intermediate line dance

Music:**Betty Lou's Getting Out Tonight** by Bob Seger [Against The Wind]

Givin' It Up For Your Love by Delbert McClinton [108 bpm WCS / Ultimate Collection]

RIGHT HEEL FORWARD, HOME, LEFT HEEL FORWARD, HOME, 2 HEEL SPLITS

1-4 Tap right heel forward, step home, tap left heel forward, step home (feet together)

5-8 Both heels out to the sides, home, both heels out to the side, home

RIGHT HEEL FORWARD, HOME, LEFT HEEL FORWARD, HOME, 2 HEEL SPLITS

1-4 Tap right heel forward, step home, tap left heel forward, step home (feet together)

5-8 Both heels out to the sides, home, both heels out to the side, home

GRAPEVINE RIGHT, TWIST LEFT, RIGHT, LEFT, RIGHT

1-4 Step side right, left behind, side right, touch left toe forward on angle

5-8 Do the twist: heels going left, right, left, right (weight on right)

Option: after completing count 4, turn your left heel right, left, right, left - like putting out a cigarette

GRAPEVINE LEFT, TWIST RIGHT, LEFT, RIGHT, LEFT

1-4 Step side left, right behind left, side left, touch right toe forward on angle

5-8 Do the twist: heels going right, left, right, left (weight on left)

Option: after completing count 4, turn your right heel left, right, left, right - like putting out a cigarette

ANGLE FORWARD RIGHT, TOUCH LEFT, FORWARD LEFT, TOUCH RIGHT, FORWARD RIGHT, TOUCH LEFT, FORWARD LEFT, TOUCH RIGHT

1-4 Forward right on angle, touch left beside, forward left on angle, touch right beside

5-8 Forward right on angle, touch left beside, forward left on angle, touch right beside

When doing these steps, your knees will point inward on the touches

WALK BACK RIGHT, LEFT, RIGHT, TOUCH LEFT

1-4 Walk back starting on right, left, right, touch left beside right

GRAPEVINE LEFT (OR ROLLING VINE) WITH ¼ TURN LEFT, TOUCH RIGHT BESIDE LEFT

1-4 Step side left, right behind left, step ¼ turn left with left, touch right beside left

REPEAT