

Bad For You

Dance taught by Shirley Perkins for the Country Club Dancers 10-17-2016

Choreographed by: Laurie Schlekeway-Burkhardt, March 2016, dlburky@yahoo.com

Description: 40 count 2 wall improver line dance

Music: **Bad For You** by Waterloo Revival, 115 bpm,

Single released June 30, 2015

Intro: 16 counts on vocals

Note: Thanks to TMC Legacy Dance Club for edits of the original step sheet

contributing to accuracy and clarity

1 – 8 Walk forward, Kick, Walk Back, Toe Touch

- 1-2 Walk forward on R at a slight diagonal to the 1:00 (1), Walk forward L at a slight diagonal (2)
- 3-4 Kick R foot forward twice (3-4)
- 5-8 Walk backwards R (5), L (6), R (7), Touch left toe behind (8)

9 – 16 Cross points, Jazz Box / Touch 1/4 turn

- 1-4 Cross L over R (1), Point R to right side (2), Cross Right over L (3), Point L to left side (4)
- 5-8 Cross L over R (5), Step back on R making a ¼ turn left (6), Step L to left side (7), Touch R slightly forward (8) (body slightly angled to left as you complete jazz box) (9:00)

17 - 24 Hip sways, Shuffle, ½ Turn shuffle

- 1-4 Sway hips forward R, Back L, Forward R, Back L, (in a sexy manner with body slightly angled) (1-4) (9:00)
- 5&6 Shuffle forward, Step R (5), Step L (&), Step R (6) (9:00)
- 7&8 Shuffle ½ turn; Step L (7), Step R (&), Step L (8) (3:00)

25 – 32 ½ Turn shuffle, Step ¼ turn, Crossing shuffle, Kick ball cross

1&2 Shuffle ½ turn: Step R (1), Step L (&), Step R (2) (9:00)

Option: Replace two turning shuffles (steps 7&8 and 1&2) with two forward shuffles

3-4 Step L forward (3), Pivot ¼ on R to the right (4) (12:00)

5&6 Crossing shuffle: Cross L over R (5), Step R to right side (&), Cross L over R (6)

7&8 Kick R forward (7), Step R in place (&), Cross L over R (8)

33 – 40 Side points, Heel taps, Toe tap, Heel tap, Toe tap, ½ Turn / Hitch

- 1&2& Point R to right side (1), Step R next to left (&), Point L to left side (2), Step L next to R (&)
- 3&4& Tap R heel forward (3), Step R next to left (&), Tap L heel forward (4), Step L next to right (&)
- 5&6& Tap R toe behind (5), Step R next to left (&), Tap L heel forward (6), Step L next to right (&)
- 7-8 Tap R foot behind (7), Hitch R knee up as you swivel ½ turn to the right (8) (6:00)

Dance will start over with the walks

Country Club Dancers – Line & Partner Dance Lessons every Monday at the Amerahn Dance Hall in Kewaskum, WI www.countryclubdancers.com