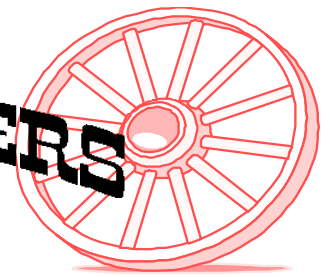




COUNTRY CLUB DANCERS



Alabama Slammin'

Dance taught by Paul Hergert
for the County Club Dancers
07-16-12

Choreographed by: Rachael McEnaney - June, 2011 rachaeldance@me.com
Tel: 07968 181933 www.dancejam.co.uk

Description: 48 count, 2 Wall Intermediate Line Dance

Music: If You Want My Love by Laura Bell Bundy, 112 bpm, CD: Achin & Shakin

Intro: 32 counts, dance begins on vocals

- 1 – 8 Rock forward R, ¾ turn R, R sailor with ¼ turn R, L kick ball side**
- 1 – 2 Rock forward on right (1), recover weight onto left (2) (12:00)
- 3 – 4 Make ½ turn right stepping forward on right (3), make ¼ turn right stepping left to left side (4) (9:00)
- 5 & 6 Cross right behind left (5), make ¼ turn right stepping left next to right (&), step forward on right (6) (12:00)
- 7 & 8 Kick left foot forward (7), step left next to right (&), take big step to right side (8) (12:00)
- 9 – 16 L tap x2, step side L, R sailor ¼ turn, L toe tap then 2x heel jacks**
- 1 & 2 Tap left toe next to right (1), tap left toe next to right again (&), step left to left side (2) (12:00)
- 3 & 4 Cross right behind left (3), make ¼ turn right stepping left next to right (&), step forward on right (4) (3:00)
- 5 & 6 Touch left toe next to right (5), step back on left (&), touch right heel forward (6) (3:00)
- & 7 & 8 Step right foot in place (&), touch left toe next to right (7), step back on left (&), touch right heel forward (8)
- 17 – 24 R recover, L side rock, L behind side cross, R side rock, R sailor ¼ turn**
- & 1 – 2 Step in place with right foot (&), rock left to left side (1), recover weight to right (2) (3:00)
- 3 & 4 Cross left behind right (3), step right to right side (&), cross left over right (4) (3:00)
- 5 – 6 Rock right to right side (5), recover weight to left (6) (3:00)
- 7 & 8 Cross right behind left (7), make ¼ turn right stepping left next to right (&), step forward on right (8) (6:00)
- 25 – 32 Step fwd on L, pivot ½ turn R, full turn R travelling fwd (or 2 walks), L mambo, run back RLR**
- 1 – 2 Step forward on left (1), pivot ½ turn right (2) (12:00)
- 3 – 4 Make ½ turn right stepping back on left (3), make ½ turn right stepping forward on right (4) (12:00) *Easy option: Walk forward left right (3,4)*
- 5 & 6 Rock forward on left (3), recover weight onto right (&), step back on left (4) (12:00)
- 7 & 8 Step back on right (7), step back on left (&), step back on right (8) (12:00)

(over)

Country Club Dancers – Line & Partner Dance Lessons every
Monday at the Amerahn Dance Hall in Kewaskum, WI
www.countryclubdancers.com

**Alabama
Slammin'
07-16-12**

33 – 40

1, 2 & 3, 4

Big step back on L, hold, ball walk walk, tap step forward L, step R ¼ turn L

Take big step back on left (1), hold (2), step in place on ball of right (&), step forward on left (3), step forward on right (4) (12:00)

5 – 6

Tap left toe forward bumping hips forward (5), step forward on left (6) (12:00)

7 – 8

Step forward on right (7), pivot ¼ turn left (8) (9:00)

41 – 48

1 & 2

R crossing shuffle, ¾ turn R, 2x heel switches, big step forward L

Cross right over left (1), step left to left side (&), cross right over left (2) (9:00)

3 – 4

Make ¼ turn right stepping back on left (3), make ½ turn right stepping forward on right (4) (6:00)

5 & 6

Touch left heel forward (5), step in place with left (&), touch right heel forward (6) (6:00)

& 7 – 8

Step in place with ball of right (&), take big step forward on left (*lean back slightly and imagine stepping over a box*) (7), brush right foot forward (8) (6:00)**START AGAIN, HAVE FUN!**