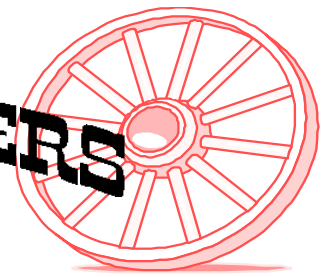




COUNTRY CLUB DANCERS



Af Af Af (Down, Down, Down)

Dance taught by Shirley Perkins for
the County Club Dancers 12-02-13

Choreographed by: Martie Papendorf (South Africa), November 2011
Description: 32 count, 4 wall, Beginner Line Dance
Music: **Af en Af** by Kurt Darren, 151 bpm, October 31, 2008,
Album: Uit Die Diepte Van My Hart
Intro: 16 counts, start on vocals

Af Af Af also has the double meaning of "Off, Off, Off" in all the meanings of that word!

1 – 8 **Vine with a touch R and L**

1,2,3,4 Step R to right side, Cross L behind R, Step R to right side, Touch L next to R
5,6,7,8 Step L to left side, Cross R behind L, Step L to left side, Touch R next to L

9 – 16 **Step R, Pop L knee, Step L, Pop R knee, Repeat**

1,2,3,4 Step R next to L, Pop L knee across R, Step L next to R, Pop R knee across L
5,6,7,8 Repeat

17 – 24 **Diagonal fwd, Together, 2 Heel bounces, Back, Together, 2 Heel bounces**

1,2 Step R fwd to right diagonal, Step L next to R (1:30)
3,4 Bounce both heels 2x [weight to R]
5,6 Step L back keeping on right diagonal, Step R next to L
7,8 Bounce both heels 2x [weight to L]

25 – 32 **Step, Touch, Step, Touch, Step, Touch, Step, Touch**

1,2 Step R to right side to face 3:00, Touch L next to R (3:00)
3,4 Step L in place, Touch R next to L
5,6 Step R to right side, Touch L next to R (3:00)
7,8 Step L in place, Touch R next to L

Repeat