# COUNTRY CLUB DANCERS

## Citified Country Swing

Choreographed by:   Hank & Mary Dahl
Description:          64 Count Partner Dance
Music:               **455 Rocket** by Kathy Mattea, 1997, 125 bpm, Intro: 32 counts
                     **The City Put The Country Back In Me** by Neal McCoy, 1994,
                      124 bpm, Intro: 16 counts
Starting Position:   Man facing OLOD, left foot free; Lady facing man, right foot free

| | |
|---|---|
| 1 – 2 | Dig, step (toe, heel in place) |
| 3 – 4 | Dig, step |
| 5 – 8 | Dig, dig, dig, dig |
| | |
| 9 – 16 | Jive walk (promenade position LOD) (triple, triple, four forward swivel steps). |
| 17 – 24 | Jive walk (promenade position LOD) (triple, triple, four forward swivel steps). |
| | |
| 25 – 30 | Outside underarm turn (right to left) faces LOD |
| 31 – 36 | Inside underarm turn (left to right) man faces RLOD |

**SHE GO, HE GO WITH HAND SLIDE OFF SHOULDER**

| | |
|---|---|
| 37&38 | Lady inside underarm (1st turn) |
| 39-40 | Man under the same arch (2nd triple). (Lady will be facing man's back. Man puts right arm down at his side with palm up. Lady slides right hand down man's right arm to palm.) |

**BEHIND THE BACK LADIES SPIN**

| | |
|---|---|
| 41 | Man rocks side left extending joined right hands. Lady rocks side right. |
| 42 | Man recovers right lowering extended right arm to start lady into left face spin behind his back. |
| 43-48 | Man turns to face LOD during 2 triples & faces lady with double hand lead for rock back & recover. Lady completes single or (optional) double left face spin in place to accept man's double hand hold for rock & recover. |
| | |
| 49-56 | 4 sailor shuffles (cross behind, step, step: 4 times allowing body to move emulating a drunken sailor. |
| 57-58 | Rock apart & recover |
| 59-64 | Inside underarm wrap to open facing position, rock apart, recover (man facing wall.) Starts as normal wrap with lady turning left face man turning to face wall. At end of wrap movement, release hands to end facing. Rock apart & recover. |

**Repeat**

Country Club Dancers – Line & Partner Dance Lessons every
Monday at the Amerahn Dance Hall in Kewaskum, WI
www.countryclubdancers.com

**Citified Country Swing 09-10-12**